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# Adverse Neonatal outcomes of Induced and Spontaneous Labor Andassociated Factors Among Womenwho Gave Birth at Public Hospitals of Awi Zone, Northwest Ethiopia, 2022

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# BAHIR DAR UNIVERSITY COLLEGE OF MEDICINE AND HEALTH SCIENCE SCHOOL OF HEALTH SCIENCE DEPARTMENT OF Midwifery

Adverse Neonatal outcomes of Induced and Spontaneous

Labor Andassociated Factors Among Womenwho Gave Birth

at Public Hospitals of Awi Zone, Northwest Ethiopia, 2022

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A RESEARCH THESIS TO BE SUBMITTED TO BAHIR DAR UNIVERSITY,COLLEGE OF MEDICINE AND HEALTH SCIENCE,SCHOOL OF HEALTH SCIENCE,DEPARTMENT OF MIDWIFERY FOR PARTIAL FULFILMENT OF MASTER`S OF DEGREE IN CLINICAL MIDWIFERY

July 2022

### Declaration

#### Author

I, the undersigned, MSC student declare that this thesis is my original work in partial fulfillment of the requirement for the Master's degree in clinical midwifery.

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# **Abbreviations and Acronyms**

ANC	Antenatal Care
APGAR	Appearance, Pulse Rate, Grimace, Activity & Respiratory Rate
CS	Cesarean Section
IOL	Induction of Labor
IUFD	Intrauterine Fetal Death
MUAC	Mid Upper Arm circumference
NICU	Neonatal Intensive Care Unit
NRFHRP	Non-Reassuring Fetal Heart Rate Pattern
RDS	Respiratory Distress Syndrome
SDG	Sustainable Developmental Goal
US	United States
WHO	World Health Organization

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# Abstract

**Background:** Even though a reduction in neonatal mortality is needed to achieve Sustainable Development Goals 2030, but neonatal mortality is still high in Ethiopia. Induction of labor is still an independent factor for different adverse neonatal outcomes. Researches figure out that induction of labor was a significant factor for neonatal morbidity and mortality, but studiesthat addressed or estimated those adverse neonatal outcomes are limited and specifically, little study was done in the study area.So, this study provides healthcare providers with up-todate and evidence-based recommendations in the intrapartum care.

**Objectives**: To compare dverse neonatal outcomes of induced and spontaneous labor and its associated factors among women who gave birthat public hospitals of Awi zone, Ethiopia 2022

**Methods**: A comparative cross-sectional study was conducted at Awi zone public hospitals from May 1 to June 30/2022. A systematic random sampling was employed to select 788 (260 induced and 528spontaneous) women. The collected data were analyzed using SPSS software version 26. A binary logistic regression wasused to assess the level of association and a*P*-value <0.05 was used to declare the statistical significance at 95% confidence interval.

**Result:** The adverse neonatal outcomes among induced women andwomen who gave birth through the spontaneous onset of labor was (41.1%) and (10.3%) respectively. The odds of adverse neonatal outcomes in inducedlabor were1.89 times higher compared to spontaneous labor (AOR=1.89, 95% CI: 1.108, 3.222 with p-value=0.019).No education (AOR=2.001, 95% CI: 1.564, 6.444), chronic disease (AOR =3.988, 95% CI: 1.866, 8.524), male involvement (AOR=2.228, 95% CI: 1.225, 4.055), preterm gestation (AOR=25.836, 95% CI: 8.74, 76.374), operative delivery [instrumental (AOR=8.58, 95% CI: 4.629, 15.901), CS (AOR=4.167, 95% CI: 1.939, 8.952)] and labor complication (AOR= 5.156, 95% CI: 2.895, 9.181) were significantly associated factors with adverse neonatal outcomes.

**Conclusion and recommendation**: Adverse neonatal outcomes in the study area were higher. Composite adverse neonatal outcomes were significantly higher in inducedlaborcompared to spontaneous labor. Community engaged education, promotion of preconception risk factors, and early detection and management of complications of labor are recommended.

#### Key words: Adverse neonatal outcomes, induced labor, spontaneous labor, Ethiopia

# **1.** Introduction

# **1.1 Background**

Childbirth by its nature carries potential risks for the women and her baby regardless of the route of delivery(1).Induction of labor is initiation of uterine contraction artificially to accomplish delivery prior to the onset of spontaneous labor for the purpose of delivering the fetus vaginally after the age of fetal viability(1–3). Induction of labour is not risk-free and many women find it to be uncomfortable.It should be performed with caution since the procedure carries the maternal and neonatal risk of complication(3).The procedure can be done using different methods of induction( surgical, medical and mixed methods(4). Each method of induction of laboris associated with complications of neonate and mother(5).Despite it is a controversial obstetric procedure, induction of labor necessarily reduces some risks of an ongoing pregnancy like intrauterine fetal death (IUFD) of unknown cause if done in elective manner(6). In meanwhile woman who undergone expectant management may go into spontaneous labor or may require indicated induction of labor at a future gestation(7).

According to estimates by Maternal and Child Epidemiology Estimation group, adverse neonatal outcomes like neonate deaths were predominantly associated with preterm birth and intrapartum-related complications and infections,24% of deaths were associated with intrapartum related events, such as birth asphyxia(8).In most developed countries, complications of pregnancy are lower; in turn outcomes of the gestation are also favorable for both mother and infant, while adverse outcomes are far more frequent in the developing world(9).

Induction of labour is associated with perinatal deaths, neonatal intensive care unit (NICU) admissions and low Apgar scorescompared to expectant management, the adverse neonatal outcomes are far more frequent in induced labor(10). The perinatal mortality rate encompasses both stillbirths (fetal death in the intrapartum period) and early neonatal deaths(11). The rate of stillbirth is associated with the incidence of induction of labor at term compared to spontaneous labor(12). Adverse birth outcomes (still birth, preterm birth, intrauterine fetal death, and low birth weight, low Apgar score and NICU admission) are major public health problems of both induced and spontaneous labor in Ethiopia(13). The adverse outcomes of induced and spontaneous labor were significantly associated with different factors(13–17).

#### **1.2 Statement of problems**

World Health Organization (WHO) global survey on maternal and perinatal health, which included 373 health care facilities in 24 countries and nearly 300000 deliveries, showed that 9.6% of the deliveries involved labour induction(3). The rate of labor induction has increased significantly since the early 1990 and the occurrence of adverse neonatal were consistently increased with induction procedure(18). Induction of labor is certainly one of the most frequently performed obstetric procedures and its incidence is steadily increasing with adverse pregnancy outcomes, in industries countries approximately one out of four pregnant women has their labor induced(19). The safety of induction of labor compared to spontaneous labor for both mother and infants could not be confirmed, the determinant factors of the birth outcomes are not clearly evidenced(6). The composite adverse outcomes following induction were consistent to the rate of the procedure and complications of neonate were still high, evidence on factors that significantly determined the neonatal outcomes following induction and spontaneous labor is required to improve the neonatal complication and increase the chance of newborn survival following labor, so this cross sectional comparative study will improve existing gaps.

The optimal timing and cautionforconduction of induction to women warrants further investigation regarding to the adverse outcomes of newborn, as does further identification of risk profiles of women and their values and preferences is required. It is associated with fewer (all-cause) perinatal deaths including intrapartum fetal death and early neonatal deaths(10). In developed countries, up to 25% of all deliveries at term now involve induction of labour due to this the adverse birth occurred increasingly(3).

The birth outcomes of pregnancy implicated the general situation in the intrapartum and measures healthat birth, the birth outcomes were improved dramatically worldwide in the past 40 years. Yet there is still a large gap between the outcomes in developing and developed countries(20).More than a quarter of birth outcomes were unfavorable in developing countries(21).The adverse birth outcomes are a major public health problem and far more frequent following induction of labor(13,22) and adverse neonatal outcomes are the major causes of neonatal morbidity and mortality(23).The adverse birth outcomes was found to be significant in Ethiopia(24,25), although substantial progress has been made in reducing neonatal mortality since 1990, increased efforts to improve progress are still needed to achieve the SDG target by

2030(26).Although neonatal death is a global burden, but it is the highest in sub-Saharan African countries including Ethiopia(27).The first week of life accounted for about 3/4 of deaths with majority of deaths attributable to birth asphyxia as result of intrapartum complications(28).Accelerated improvements are most needed in the regions and countries with high NMR (neonatal mortality rate), particularly in sub-Saharan Africa(26).

Induced deliveries showed an increased risk of delivering an infant with APGAR of <7 at 5<sup>th</sup> minute, respiratory distress syndrome (RDS) and neonatal intensive care unit (NICU) admission, and increased risk of uterine rupture following induction of labor(29). The existing evidence were mainly descriptive and didn't quantify the associated factors, so evidence that quantify the adverse birth outcomes and identifies associated factors in induced and spontaneous labor using the available data is needed.

Non-reassuring fetal heart rate pattern was significantly higher in induced women compared to spontaneously delivered mother(30,31). Antenatal Care (ANC), maternal age, medical chronic diseases, residence, history of malarial infestation, Hemoglobin level, previous history of adverse pregnancy outcomes, inter-pregnancy interval, MUAC, educational status, marital status, prenatal substance use, mode of delivery, and lack of knowledge about danger signs of pregnancy weresubstantially associated factors with neonatal morbidity and mortality, due to this they areindependent determinants of adverse birth outcomes(13,22,24,25,32,33). Identification of factors that increase the occurrence of adverse neonataloutcomes and complications following induction of labor is not clearly defined literatures.GlobalSDG progress for neonatal survival and health cannot be achieved without addressing of immediate neonatal outcomes following labor and delivery, so this study will provide comparative evidence on the immediate neonatal outcomes following induction and spontaneous labor.

# **1.3 Significance of Study**

By the year 2030, the Sustainable Development Goals (SDG) target is to reduce neonatal deaths to 12 per 1000 live births, and under-five deaths to less than 25 per 1000 live births by eliminating preventable child deaths. Therefore, updating the evidence helps to achieve the strategy of the SDG(26). To achieve these aims, this study provide healthcare providers, health managers, policy makers and other stakeholders with up-todate and evidence-based recommendations to inform clinical policies and practices in the intrapartum care.

Up-to-date evidence and information is required to strengthened efforts to reduce morbidity and mortality in pregnancy and childbirth by optimizing quality of care, and enabling improved healthcare outcomes, this research will expands published workin themultifaceted strategies to improve neonatal outcomes in the intrapartum period in order to increase neonatal survival. There is limited comparative evidence in the frequency of adverse neonatal outcomes and its associated factors among women who gave birth in the study area. Thus, the aim of this study is to compare composite adverse neonatal outcomes and factors associated with it among women who gave birth at awi zone public hospitals.

The result will be used as a secondary source of data for further study conducting on the same issues.Reduction of neonatal mortality is one of the major SDGs needed to be achieved by 2030. But, neonatal mortality is still unacceptably high, specifically in Ethiopia(34). This study will assess the neonatal outcomes following induction which could determine gaps in health policy and care that need to be addressed to improve neonatal health. These research outcomes can inform health care providers, women and population health experts about the neonatal outcomes of induction compared to spontaneous labor.

# **1.4 Literature Review**

# **1.4.1 Adverse Neonatal Outcomes**

Adverse birth outcome is a critical health issue in developing countries and resulted in many bad consequences of neonatal morbidity and mortality(35).Prospective study conducted in India showed that cesarean section is higher (33.3%) in induced labor than in spontaneous group (11.1%). Apgar score  $\leq$ 7 at 5 minutes, RDS, Admission to NICU and neonatal jaundice were high in induced group compared to spontaneous labor(30,36). Another prospective observational comparative study in India found that the rates of caesarean section (CS) delivery (33% v. 12%) and neonatal intensive care unit (NICU) admissions (4% v. 1%) fetal distress and Meconium staining of liquor were more in the induced group compared with the spontaneous group(37).This could be due to development of different maternal complication(38)But, another observational study in India showed that, induced labour is comparable to spontaneous labour regarding fetomaternal outcomes(39).

Two studies conducted in US determined that the non-reassuring fetal heart rate pattern (NRFHRP) was independently increased following induction(40,41)due the increased maternal complications of uterine tachysystole(5). A systematic review in USA showed that induction of labor was consistently associated with increased risk for hyper stimulation with and without FHR changes compared to placebo(42). Two prospective studies that was conducted in Pakistan found that emergency caesarean section rate was higher for women following induction(43,44).Studies conducted in Netherlands and japanfound that active management of labor at 39 weekswas associated with higher incidence of meconium-stained amniotic fluid(MSAF) and fetal resuscitation, but no other significant difference was noted between the two groups(6,45).

Cohort studies in Switzerland and Belgium found that induction of labour was associated with more frequent rate of neonatal resuscitation, admission to the intensive care unit and phototherapy compared to spontaneous labor. In women with uncomplicated pregnancies greater risk of resuscitation, admission to NICU and phototherapy for babies born to women who had their labour induced was noted(46,47).

Retrospective cohort and meta-analysis studies conducted in Australia showed that; induction of labor is associated with an increased risk of adverse outcomes including emergency cesarean section and increased the chance of the infant requiring level 2 nursery cares(48,49). Retrospective comparative observational study conducted in South Australia found thatthe NICU admission [128 (11.7%) Vs 34 (20.6%)] and the adverse neonatal outcomes were significantly increased in induced labor [144 (13.2%) Vs 37 (22.4)](50).Retrospective cohort study conducted in Sweden showed that; induction of labor was associated with an increased risk for emergency cesarean, but no significant difference in risk for emergency cesarean section between the two methods of induction (PGE2 and trans-cervical catheter)(51).Anotherretrospective study conducted in Sweden found that low Apgar score was more common after induction compared to spontaneously started labors (1.0 vs. 0.7%)(52).

Retrospective study conducted in Spain found that Oxytocin administration was associated with risk of neonatal outcomes after induction of labor like neonatal admission to neonatal intensive care unit and Apgar score <7 and need of neonatal resuscitation is also relatively higher in women whose labor was induced through oxytocin(53).Retrospective cohort study conducted in United Kingdom showed the induction of labourwas associated with increased rate of neonatal admission to neonatal intensive care or special care(31).

Prospective cohort study conducted in Nigerian determined that the requirement of neonatal intensive care unit (NICU) admission following induction of labor was higher (54). But, two studies conducted in Nigeria showed that the mean Apgar scores were significantly better among induced labour babies compared to induced labor(55,56). Retrospective cohort studies conducted in Northern Tanzania and Nigeria found that the increased risk of having infants with Apgar scores <7 at 5th minutes and newborn admission to intensive care unit was lowered in the induction of labor(29,57). A prospective comparative study conducted in Sudan showed the presence of bite increments in stillbirth in induced groups compared to spontaneous labor (2.5% Vs 0.5%) and requirement of neonatal resuscitation (16% Vs 12.5%) as result of birth asphyxia. The respiratory complications were higher in induction of labor (21[10.5]Vs 15[7.5%])(58).

A cross sectional study conducted in Mekele Tigray showed that early neonatal complications like NRFHRP, low Apgar score, and early neonatal death following induction of labor is high(38).

Similar study conducted in suhul, Tigray region showed that, the adverse birth outcome in the area is high 96(22.6%), for this outcomes different associated factors are determined among this induction of labor one of the factors(59).

# **1.4.2**Associated Factors of Neonatal Outcomes

Studies conducted in India(60), USA(61), Italy(62), Canada(63), Ethiopia(13,64) showed that the degree of adverse neonatal outcomes were significantly associated with maternal educational status, so lower level or no maternal education was associated with elevated risk of adverse neonatal outcomes like stillbirth and neonatal death in the first 24 hours.Prospective observational and comparative study conducted in India found that; Age, parity, GA, and cervical dilatation are important predictors of successful vaginal delivery following induction(37).Retrospective analysis in US showed that, parity, cervical status, oxytocin usage, GA and birth weight are determinant factors of outcomes following artificial induction of labor(40).Another study conducted in USA showed that; low incomes, education level and environmental factors including chemical exposures play an important in the etiology of adverse pregnancy outcomes(61). Studies conducted in Denmark(65), Ethiopia(66)and hawassa(25)found that the women who have had pre-existing chronic disease have higher risk of adverse neonatal outcomes.

Retrospective cohort in South Australia found that; parity, maternal race and age are factors influencing both maternal and infant health outcomes(48).Studies conducted in Madrid, Barcelona Spain found that bishop score and parity were the determinant factors for the outcomes of induction of labor(67,68).)Another mini review report conducted in Barcelona Spain showed that cervical status remains the most important predictor of IOL outcome. Therefore, other predictive tools should be studied in order to improve IOL outcome in terms of health and economic burden(54). A prospective study conducted in north Jordan Saudi Arabia showed that Parity and cervical status are the main predictors of successful labour induction(69). Prospective cohort studies conducted in Saudi Arabia and Nigeria found that parityisassociated with risk of CS following induction of labor(54,68). Studies conducted in Australia(70), UK(71), Iran(72) and Kenya(73) found that male partner`s role during pregnancy directly affects the pregnant outcomes of pregnant women.

A retrospective study conducted in Tanzania showed that prim parity, advanced maternal age, postdates were independent risk factors for adverse neonatal outcomes(29). Gestational age was also another independent risk factor for adverse neonatal outcomes(74). The likelihood of adverse neonatal outcomes in the post term pregnancy was significant compared to term pregnancy(75) and determinant factors for adverse fetomaternal outcomes(76). Retrospective cohort studies conducted in Tanzania and Nigeria found that null parity and postdates were factors associated with induction of labor in women`s(29,57). A prospective comparative study conducted in Sudan found that the significant association between induction of delivery and the maternal variables (age, level of education, parity and frequency of antenatal care visits)(58). Systematic review and meta-analysis report in Ethiopia determined that unfavorable Bishop Score ,and primiparous were the factors that determine the outcome of induction(77).

Two years' retrospective analysis in Jimma found that only gravidity and Bishop Score at admission were independent predictors of outcome of induction with oxytocin(78). A hospital based cross sectional study conducted in mekele Tigray region showed that bishop's score significantly predicted the outcomes and success of induction(79). Similar study conducted in Tigray region showed that premature rapture of membrane, pregnancy induced hypertension, antenatal visits at private clinics are determinants of birth outcomes(80).

A facility-based cross-sectional study conducted in Harari determined that the variables such as age, parity, pre-induction Bishop Score, methods of induction of labor, non-reassuring fetal heartbeat pattern were significantly associated with the outcomes of induction of labor(81).Furthermore, neonatal outcomes also determined by adverse neonatal outcomes in both spontaneous and induced labor(66). A multicenter cross-sectional study conducted in Amhara region, showed that the outcomes of induction of labor is determined by the factors like pre-induction bishop score, method of induction, gestational age and hypertensive disorder of pregnancy(79).



Figure 1:-Conceptual framework adapted from different literatures on adverse neonatal outcomes and associated factors of induced and spontaneous labor

**Source:** (6,30,36,54,55,58,68,82)

# 2. Objectives

# 2.1 General objective

To compareadverse neonatal outcomes of induced and spontaneous labor and associated factors among women who gave birth at public hospitals of Awi zone, NorthwestEthiopia 2022

# **2.2 Specific objectives**

- To compare adverse neonatal outcomes of induced and spontaneous laboramong women who gave birth at public hospitals of Awi zone, NorthwestEthiopia 2022
- To identify factors associated with adverse neonatal outcomes of induced and spontaneous labor among women who gave birth at public hospitals of Awi zone, NorthwestEthiopia 2022

# **3. Method and Materials**

# 3.1 Study area and study period

This study was conducted at Awi zone public hospitals, Northwest Ethiopia. Awi zone is one of the zones found in Amhara Regional State of Ethiopia. Among 232,443 reproductive aged groups (15-49), 114,660 were adult women and 58,306 were advanced aged women. According to the 2018/19 annual report of Awi zone health office, there are five public hospitals and 47 health centers that serve for a total population of around 1,077,144(83). The last year annual delivery report of public hospitals in the Awi zone was 10,547. The study wasconducted from May 1to June30/2022.

# 3.2 Study design

A comparative hospital based cross-sectional study was conducted

# **3.3 Population**

3.3.1 Source population

All women'swhogave birthin the public hospitals

# 3.3.2 Study population

All women's who gave birth in the public hospitals during data collection period

# 3.4 Eligibility criteria

# 3.4.1 Inclusive criteria

All women's who gave birth in the public hospitals during data collection period was included in the study.

# 3.4.2 Exclusion Criteria

- $\checkmark$  women who had intrauterine fetal deathwas excluded from both group
- $\checkmark$  women who have sever and critical illness was excluded from both group
- ✓ women who was being interviewed and referred to the other hospital within awi zone or referred from one hospital to the other hospital was excluded

# **3.5 Sample size and sampling procedure**

# **3.5.1 Sample size determination**

Based on the following assumptions for estimating the difference between two population proportions with precision, D = 5%,95% two sided level of confidence

Anticipated population proportionsP1 and P2Confidence level100(1-a)%Absolute precision required on either side of<br/>the true value of the difference between P1 andD

P2 100(1-a)% the proportions (in percentage

points)

Intermediate value

### V=P1 (1-Pd+P2 (1-P2)

Using marginal value of D, the sample size required was calculated with P1 and P2 values equal to 50%, choice of 0.5 was used in both cases. Based on the values given; D=5%,95% two sided level of confidence and both P1& P2 value of 50%, the sample sizewas calculated as follows;-

$$N = (Z1^2 - @/2) [P1 (1 - P1) + P2(1 - P2)]/D2$$

 $N = (Z1^2 - @/2) V/D2$ 

Where,V=P1 (1-P1) + P2 (1-P2), Intermediate value

 $N = (1.96)^2 [0.5 (1 - 0.5) + 0.5(1 - 0.5)]/(0.05)^2 = 806.72 \sim 807$ 

Based on the above calculation, the total sample size drawn for the study was 807 women with 5% non-response rate (538 spontaneous and 269 induced women with 2:1 ratio).

# 3.5.2 Sampling procedure

All five public hospitals found in Awi Zone wereincluded in this study. The previous year average delivery report of each hospitals was used to proportionally allocate the calculated sample size and getting sampling fraction (k) (calculated using population size divided by sample sizethe calculated k-value is~2, similar for all public hospitals). The first mother was selected using simple random sampling technique among mothers who gave birthin the first day of data collection.



in the Awi Zone, Ethiopia 2022

# **3.6Variables of the study**

# **Dependent Variable**

Adverse neonatal outcomes

# **Independent Variables**

**Sociodemographic variables:** -age, residence, educational status, occupation, religion, ethnicity, marital status, income

**Reproductive and obstetric variables:** -Gravidity, Parity, Gestational Age, ANC, Iron Folate Supplementation, Bad obstetric history, Method of induction, pregnancy complication, MUAC and Hemoglobin level, male involvement in health seeking behavior,

**Behavioral and Medical relatedvariables:** -Existence of Chronic Disease, Hx of malarial infestation and Hx of prenatal substance use

# **3.7Operational definitions**

Adverse/unfavorable neonatal outcome is the occurrence of at least one of the following:need of resuscitation following delivery,low Apgar score at first or fifth minutes, fetal death during intrapartum, immediate neonatal death, RDS, birth asphyxia, NICU admission, and neonatal jaundice within 24hrs of delivery(30,37,46,47,50,58,84).

**Stillbirth:** - Death of a fetus before delivery, but after initiation of labor (fetal death during the intrapartum time before delivery)(85).

**Immediate/Early neonatal death**: - the death of a newborn or death of a neonate within 24 hours of delivery(86).

**Bad obstetric history** is considered when the woman had at least one of the following conditions in a previous pregnancy: still birth, early neonatal death, and recurrent abortion (87).

**Favorable Cervical Condition:-** when the Bishop score is  $\geq$  6, cervical condition and induction is likely to succeed(2).

**Unfavorable Cervical Condition:-** when the Bishop score is  $\leq 5$ , cervical status is unlikely to yield for induction(4).

### 3.8Data collection tools and technique

Before actual data collection 10 data collectors wererecruited from the governmental health institution (five midwife and five health extension workers). Two data collectors for each hospital wereselected (one midwife and one health extension worker) and the data were collected by using pretestedsemi-structured questionnaire and checklist, which were prepared and customized after reviewing different relevant literatures. The data were collected at the time of exit or after 24 hours of postpartum period of women's."Epicollect5" software was used to collect data after adequate training of data collectors regarding to application usage. The actual data werecollected after obtaining of informed written consent from the mothers who gave birth at the public hospital and, also data collection training wasgiven for supervisors. The prepared questionnaires' weretranslated in to local language that is Amharicbefore the conduction of study through language experts.

#### 3.9 Data Quality Assurance

The questionnaires werepretested on Durbtie primary hospitalexpected to be similarwith study population of Awi zone hospital using 5% (19 spontaneous and 9 induced laboring women) sample of women before two weeks. An additional adjustment in the sequence and wording of the questionnaires was made based on the results of the pre-test. Confusing and unclear questions werechecked and edition wasdone accordingly before actual data collection. Regular checkup for completeness and consistency of the data wasperformed on every two day; the questionnaires were prepared in English and become translated to Amharic language. Principal investigator, supervisors and data collectors weretaken a discussion after data collection to ensure completeness. After data collection was completed, the questionnaires were translatedback to english with language experts for analysis purpose. During entry of data, the requirement's was created in the epicollect5 software and after collection was completed the data entries were downloaded into excel in the CSV format, then exported to SPSS for analysis. During analysis, data werecleaned carefully; missing values werehandled not to be excluded in analysis by checking again and again through data exploration.

#### 3.10 Data processing and analysis

Data werecleaned to check its completeness, consistency, presence of missed values and appropriate coding of variables. The adverse neonatal outcomes and socio-demographic characters wereanalyzed through descriptive chi-square cross tabulationanalysis using SPSS software version 26.Chi square and independent t-test was used to compare categorical and continuous variables between induced women and spontaneously delivered women respectively. In addition, Logistic regression analysis (bivariate and multivariate regression analysis) wasused in the analysis to assess significance of association. After conducting of bivariate analysis the p-value 0.2 at 95% confidence interval was used for conduction of multivariate analysis. To determine the significance of association between outcome variables and explanatory factors in the final analysis (multivariate analysis), p-value 0.05 at 95% confidence intervalwas used to declare the significance of association. Model fit test was conducted using Hosmer and Eueneshow test and multicollinarity diagnostics was conducted through linear regression with backward stepwise conditional analysis using variance inflation factor (VIF).

#### **3.11 Ethical consideration**

An ethical clearancewasobtained from institutional review board of Bahir Dar University and formal permission letter was alsoobtained from each public hospital office of obstetrics and gynecology department ward. Informed written consent wasobtained from each participant after informing the objective, expected risk and benefit, confidentiality issue of study and freely decided to participate in the study. Furthermore, the collected data were maintained in the private creator's project and the results of study were used only for study purpose.

# 4. Results

### 4.1 Sociodemographic Characteristics of Participants

A total of 788 participants (528 spontaneous and 260 induced women) from the intended 807 women were included in the study, giving a response rate of 97.6%. The mean age  $\pm$  standard deviation (SD) of induced women and spontaneously gave birth women was 27.91( $\pm$ 6.123) and 26.92( $\pm$ 5.469) respectively. Of the participant's, 145 women who gave birth through spontaneous labor had no formal education, only 45 induced women had greater than 2ry education. From induced women, 214(82.3%) women had male partner involvement in their health seeking behavior compared to 474(89.7%) women inspontaneous labor (**Table-1**).

Variables		Induced labor	Spontaneous	Total (n=	788)	
		(n=260)	labor (n=528)			
		Frequency (%)	Frequency (%)	Frequency (%)	$\chi^2$	
Age of	<20 years	21(31.3%)	46(68.7%)	67(8.5%)		
respondent's	20-34 years	196(31.4%)	429(68.6%)	625(79.3%)	0.032	
	>= 35 years	43(44.8%)	53(55.2%)	96(12.2%)		
Residence	Rural	106(33%)	215(67%)	321(40.7%)		
	Town	154(33%)	313(67%)	467(59.3%)	0.989	
Marital status	Single	5(29.4%)	12(70.6%)	17(2.2%)		
	Married /union	229(31.2%)	506 (68.8%)	735(93.3%)	< 0.001	
	Others <sup>a</sup>	26(72.2%)	10(27.8%)	36(4.6%)		
Maternal	No education	91(38.6%)	145(61.4%)	236(29.9%)		
education	Primary education	63(30%)	147 (70%)	210(26.6%)	0.173	
	Secondary education	61(30%)	142(70%)	203(25.8%)		
	> Secondary education	45(32.4%)	94(67.6%)	139(17.6%)	]	
Male	No	44(44%)	56(56%)	100(12.7%)	0.006	
involvement	Yes	214(31.1%)	474(68.9%)	688(87.3)		
Religion	Orthodox	219 (32.2%)	461(67.8%)	680(86.3%)		
	Muslims	33(38.4%)	53(61.6%)	86(10.9%)	0.489	
	Others <sup>b</sup>	8 (36.4%)	14(63.6%)	22(2.8%)	1	
Ethnicity	Awi/Agew	133(31.4%)	291(68.6%)	424(53.8%)		
	Amhara	88 (29.6%)	209(70.4%)	297(37.7%)	< 0.001	
	Others <sup>c</sup>	39 (58.2%)	28(41.8%)	67(8.5%)		
Maternal	House wife	70 (33.3%)	140(66.7%)	210(26.6%)		
occupation	Farmer	83(32.7%)	171(67.3%)	254(32.2%)	0.977	
	Governmental employee	31(34.8%)	58 (65.2%)	89(11.3%)		
	Others <sup>d</sup>	76(32.3%)	159(67.7%)	235(29.9%)		
Family monthly	<500 ETB	77(41.4%)	109(58.6%)	186(23.6%)		
income(ETB)	500-1000 ETB	92(29.3%)	222(70.7%)	314(39.8%)		
	1001-2000 ETB	26(33.8%)	51(66.2%)	77(9.8%)	0.039	
	>2000 ETB	65(30.8%)	146(69.2%)	211(26.8%)		

 Table 1: Socio-demographic characteristics of mothers who gave birth in Awi Zone Public

 Hospitals, Northwest Ethiopia: 2022

<sup>a</sup>Divorced and widowed, <sup>b</sup>Oromo and BenshaguleGumez, <sup>c</sup>Muslim and no religion, <sup>d</sup>Student, merchant and daily laborers/private employee, SD= standard deviation

#### 4.2 Behavioral and pre-existing medical problems

From the participants, 54(20.7%) induced women had prenatal substance use compared to 66(12.5%) women who gave birth through spontaneous labor. The percentage of chronic disease in the induced and spontaneous labor was 28(10.8%) and 26(4.9%) respectively (**Table-2**).

Variables		Induced labor (n=260)	Spontaneous labor (n=528)	Total (n=788)	
		Frequency (%)	Frequency (%)	Frequency (%)	$\chi^2$
Prenatal	Yes	54(45.8%)	64(54.2%)	118 (15%)	
substance use	No	206(30.7%)	464(69.3%)	670 (85%)	0.001
Chronic	Yes	28(51.9%)	26(48.1%)	54(6.9%)	
disease	No	232(31.6%)	502(68.4%)	734(93.1%)	< 0.001
Types of pre- existing	Pre-gestational Diabetes mellitus	7(87.5%)	1(12.5%)	8 (1%)	
chronic	Chronic hypertension	8 (80%)	2(20%)	10(1.3%)	< 0.001
disease <sup>R</sup>	Anemia	3(50%)	3(50%)	6(0.8%)	1
	Others <sup>*</sup>	10(33.3%)	20(66.7%)	30(3.8%)	1
History of	Yes	79(37.3%)	133(62.7%)	212(26.9%)	0.122
infection	No	181(31.4%)	395(68.6%)	576(73.1%)	0.122

Table 2: Lifestyle and medical related characteristics of mothers who gave birth in Awi Zone Public Hospitals, Northwest Ethiopia: 2022

\*Asthma, tuberculosis and HIV/AIDS, <sup>R</sup>More than one choice possible,

#### **4.3 Obstetric Characteristics**

The proportion of bad obstetric history among women who gave birth through induced and spontaneous onset of labor was 54(20.7%) and 76 (14.4%) respectively. Two hundredfour (78.5%) induced women had get iron with folic acid supplementation compared to four hundred forty eight (84.8%) spontaneously labored study participants, 520 (98.5%) spontaneously labored women had ANC follow up. The mean GA(±SD) of Induced women and spontaneously delivered mothers was  $39.61(\pm 2.061)$  and  $38.04(\pm 1.642)$  respectively.Among women whose labor was induced, 75(28.8%) womenencountered complications during labor-delivery, but only 41(7.8%) spontaneously delivered women face complications during labor-delivery (**Table-3**).

Variables		Induced labor	Spontaneous	Total (n=788)		
		(n=260)	labor (n=528)			
		Frequency (%)	Frequency (%)	Frequency (%)	$\chi^2$	
Gravidity	Primigravida	104(32.7%)	214 (67.3%)	318(40.4%)		
-	Multigravida	124(32.2%)	261(67.8%)	385(48.9%)	0.556	
	Grand multigravida	32(37.6%)	53(62.4%)	85(10.8%)		
Parity	Primipara	104(32.5%)	214(67.3%)	318(40.4%)		
	Multipara	125(32.5%)	260(67.5%)	385(47.5%)	0.727	
	Grand multipara	31(36.5%)	54(63.5%)	85(10.8%)		
Bad obstetric	Yes	54(41.5%)	76(58.5%)	130(16.5%)		
history	No	206(31.3%)	452(68.7%)	658 (83.5%)	0.023	
Types of bad	Abortion	40(45.5%)	48(54.6%)	88(67.7%)		
obstetric	Immediate neonatal death	5(27.8%)	13(72.2%)	18(13.8%)	0.058	
history <sup>R</sup>	Stillbirth and IUFD	9(37.5%)	15(62.5%)	24(18.5%)		
ANC follow up	No	6(42.9%)	8(57.1%)	14(1.8%)		
	Yes	254(32.8%)	520(67.2%)	774(98.2%)	0.428	
GA of ANC	After 12 <sup>th</sup> weeks	182(30.1%)	423(69.9%)	605(78.2%)		
initiation	Within 12 <sup>th</sup> weeks	72(42.6%)	97(57.4%)	169(21.8%)	0.002	
Number of	1-3 ANC visit	74(40.2%)	110(59.8%)	184(23.8%)		
ANC visit	>=4 ANC visit	180(30.5%)	410(69.5%)	590(76.2%)	0.014	
TT vaccination	No	22(34.9%)	41(65.1%)	63(8%)		
	Yes	238(32.8%)	487(67.2%)	725(92%)	0.735	
Iron with folic	No	56(41.2%)	80(58.8%)	136(17.3%)		
acid supplementation	Yes	204(31.3%)	448 (68.7%)	652(82.7%)	0.026	
Duration of iron	< 3 months	74(28%)	19(72%)	264(40.5%)	0.025	
with folic acid supplementation	>= three months	130(33.4%)	259(66.6%)	389(59.5%)		
Pregnancy	Yes	141(74.2%)	49(25.8%)	190(24.1%)		
complications	No	119(19.9%)	479(80.1%)	598 (75.9%)	< 0.001	
Types of	Pregnancy Induced	84(82.4%)	18(17.6%)	102 (53.7%)		
pregnancy	hypertension			- ()		
complications <sup>R</sup>	Antepartum	26(60.5%)	17(39.5%)	43(22.6%)	< 0.001	
1	hemorrhage(APH)		× /	· · · ·		
	PROM	12(60%)	8(40%)	20(10.5%)		
	Others <sup>*</sup>	19(76%)	6(24%)	25(13.2%)		
Maternal	=<22 cm	54(32.1%)	114(67.9%)	168(21.3%)	0.791	
MUAC	>=23 cm	206(33.2%)	414(66.8%)	620(78.7%)		
Maternal Hgb	=<10 mg/dl	15(57.7%)	11(42.3%)	26(3.3%)	0.006	
	>=11  mg/dl	245(32.2%)	517(67.8%)	762(96.7%)		
Gestational age	Preterm	13(54.2%)	11(45.8%)	24(3%)		
estational age	Term	221(30%)	515(70%)	736(93.4%)	< 0.001	
	Post term	26(92.9%)	2(7.1%)	28(3.6%)		
MSAF	Yes	158(87.3%)	23(12.7%)	181(23%)		
	No	102(16.8%)	505(83.2%)	607(77%)	< 0.001	
Mode of	Instrumental delivery	84(77.1%)	25(22.9%)	109(13.8%)		
delivery	Emergency CS delivery	66(85.7%)	11(14.3%)	77(9, 8%)	< 0.001	
	SVD	110(18 3%)	492(81.7%)	602(76.4%)		
Complication	Yes	75(64.7%)	41(35.3%)	116(14.7%)	<0.001	
complication		, . ( , )			10.001	

Table 3: Obstetrics characteristics of mothers who gave birth in Awi Zone Public Hospitals, Northwest Ethiopia: 2022

during labor -	No	185(27.5%)	487(72.5%)	672(85.3%)	
delivery					
Types of labor	Precipitated labor	42(87.5%)	6(12.5%)	48(41.4%)	< 0.001
delivery	Prolonged labor	22(44%)	28(56%)	50(43.2%)	
complications <sup>R</sup>	Postpartum hemorrhage	11(57.9%)	8(42.1%)	19(16.4%)	

<sup>\*</sup>Gestational DM and related complications, <sup>R</sup>More than one choice possible, PROM (premature rupture of membrane) SD=standard deviation

#### **4.3 Newborn Characteristics**

The proportion of fetal death in the intrapartum period and neonatal death in the 1<sup>st</sup> 24 hours of birth among womenwho gave birth through induced and spontaneous labor was 13(5%)and 6(1.14%) deathsrespectively. The mean 1<sup>st</sup> minute Apgar score( $\pm$ SD) among induced and spontaneously delivered newborn was 6.86( $\pm$  1.363) and 7.44( $\pm$  0.909) respectively and the mean 5<sup>th</sup> minute Apgar score( $\pm$ SD) among induced and spontaneously delivered newborn was 8.44( $\pm$  1.747) and 8.88( $\pm$ 1.033) respectively through independent T test. The mean newborn birth weight ( $\pm$ SD) in grams among induced and spontaneously delivered newborn was 3073.08( $\pm$ 372.778) and 3067.8( $\pm$ 323.268) grams respectively.The significant proportion of newborn born through induced labor hadlow first minute Apgar score 77(29.6%) compared to the newborn delivered through induced laborwere admitted to NICU compared to newborn delivered through spontaneous labor 33(6.3%). A significant percentage of newborn delivered through induced laborwere admitted to NICU compared to newborn delivered through spontaneous labor 33(6.3%) respectively] (**Table-4**).

Variables		Induced labor (n=260)	Spontaneous labor (n=528)	Total (n=788)		
		Frequency (%)	Frequency (%)	Frequency (%)	$\chi^2$	
Birth	Dead	13(68.4%)	6(31.6%)	19(2.4%)		
outcome	Alive	247(32.1%)	522(67.9%) 769(97.6%)	769(97.6%)	0.001	
Sex	Male	129(36.9%)	221(63.1%)	350(44.4%)		
	Female	131(29.9%)	307(70.1%)	438(55.6%)	0.039	
Newborn	< 2500	12(66.7%)	6(33.3%)	18(2.3%)		
birth weight	2500-4000	244 (31.9%)	520(68.1%)	764(97%)	0.002	
in gram	>4000	4(66.7%)	2(33.3%)	6(0.7%)		
First minute	Low APGAR score (<7)	77(70%)	33(30%)	110(14%)	<0.001	
score	Normal APGAR score (>=7)	183(27%)	495(73%)	678(86%)	<0.001	
Fifth minute	Low APGAR score (<7)	21(67.7%)	10(32.3%)	31(3.9%)	<0.001	
score	Normal APGAR score (>=7)	239(31.6%)	518(68.4%)	757(96.1%)	<0.001	
Need of	Yes	93(69.4%)	41(30.6%)	134(17%)		
resuscitation	No	167(25.5%)	487(74.5%)	654(83%)	< 0.001	
NICU	Yes	40(57.1%)	30(42.9%)	70(8.9%)	< 0.001	
admission	No	220(30.6%)	498 (69.4%)	718(91.1%)		
Indication of	Asphyxia	16(64%)	9(36%)	25(35.7%)		
NICU	Prematurity	5(41.7%)	7(58.3%)	12(17.1%)		
admission <sup>R</sup>	Jaundice	7(50%)	7(50%)	14(20%)	< 0.001	
	Others <sup>*</sup>	12(63.2%)	7(36.8%)	19(27.2%)	1	
Newborn	Yes	13(56.5%)	10(43.5%)	23(2.9%)		
jaundice	No	247(32.3%)	518(67.7%)	765(97.1%)	0.015	
Newborn	Favorable	153(24.4%)	474((75.6%)	627(79.6%)		
outcome	Unfavorable	107(66.5%)	54(33.5%)	161(20.4%)	< 0.001	

Table 4: Newborn characteristics of mothers who gave birth in Awi Zone Public Hospitals, North west Ethiopia: 2022

\* Infection, hypothermia and respiratory distress syndrome, <sup>R</sup>More than one choice possible, SD= standard deviation

#### 4.4 Adverse neonatal outcomes

The adverse neonatal outcomes among women who gave birth through induction was 41.1 (95% CI: 34.8, 46.7), compared to 10.3 (95% CI: 8.1, 13.3) in women who gave birth spontaneously. The overall magnitude of adverse neonatal outcomes among women who gave birth at the public hospitalsof awi zone was 20.4 (95% CI: 17.8, 23.0) (**Figure-3 and Figure-4**).

Figure 3: General neonatal outcomes among induced and spontaneously delivered mothers at Awi zone public hospitals, Northwest Ethiopia: 2022





Figure 4: adverse neonatal outcomes among induced and spontaneously delivered mothers at Awi zone public hospitals, Northwest Ethiopia: 2022

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#### 4.5 Factors Associated with Adverse Neonatal Outcomes

A binary logistic regression model was employed to evaluate the association between independent variables and adverse neonatal outcomes. Maternal age, marital status, educational status, monthly income, prenatal substance use, chronic disease, history ofmalarial infection, gravidity, parity, ANC follow up,bad obstetrical history, iron folate supplementation, complication during recent pregnancy, male involvement, hemoglobin, gestational age, onset of labor, MSAF, mode of delivery and complication during labor-delivery werevariables those shown association in the bivariate analysis atp-value  $\leq 0.2$ . Then, these variables are further analyzed with multivariable logistic regression using backward stepwiseconditional method for controlling possible confounders, but educational status, chronic disease, male involvement, gestational age, onset of labor, mode of delivery and complication during labor-delivery

are identified as variables significantly associated with adverse neonatal outcomes in the final step of analysis with p-value < 0.05.

Model fitness was tested with Hosmer and Lemeshow Goodness of Fit test and fit with p-value>0.2. In addition, there is no inter-explanatory variable relationships (multicollinarity) since the variance inflation factor is less than two (VIF<2) for all variables.

After adjusting possible confounding variables, the odds of adverse neonatal outcomes in the inducedlabor were**1. 89**times higher compared to spontaneous labor (AOR=1.89, 95% CI: 1.108, 3.222 with p-value=0.019). The likelihood of developingadverse neonatal outcomes among women who had no formal education were **2**times higher compared to women having greater than secondary educational level (AOR=2.001, 95% CI: 1.564, 6.444with p-value=0.001). The women who had chronic disease were **3.9** times more likely to have adverse neonatal outcomes compared to the women who had no chronic disease (AOR=3.988, 95% CI: 1.866, 8.524with p-value<0.001).

In addition, women who had no partner involvement in their health seeking behavior were **2** times more likely to have adverse neonatal outcomes compared to women who had partner involvement in their health seeking activity(AOR=2.228, 95% CI: 1.225, 4.055with p-value=0.009). The likelihood of developing adverse neonatal outcomes among women who encounter complication during labor-delivery were **5** times higher compared to women who had no labor-delivery complications (AOR=5.156, 95% CI: 2.895, 9.181with p-value <0.001). The odds of adverse neonatal outcomes among women who gave birth through cesarean section were **4** times higher compared to women who gave birth through spontaneous vaginal delivery (AOR=4.167, 95% CI: 1.939, 8.952with p-value <0.001). The odds of adverse neonatal outcomes among women who gave birth through instrumental delivery were **8**times higher compared to women who gave birth through spontaneous vaginal delivery were women who gave birth through spontaneous vaginal delivery (AOR=8.58, 95% CI: 4.629, 15.901, with p-value <0.001) (**Table- 5**).

Varia	bles	Adverse neonatal outcomes				
		Frequen	cy (%)	COR (95% CI)	AOR (95% CI)	p-value
		Yes	No			L
Onset of labor	Induced	107(41.2%	153(58.8	6.139(4.221, 8.927)	1. 89(1.108, 3.222)	
		)	%)	*		0.019
	Spontaneous	54(10.2%)	474(89.8 %)	1	1	
Maternal age	<20 years	18(26.9%)	70) 49(73-1%)	1 664(0 934 2 965)	1 294(0 816 3 943)	
Whaterman age	20 years 20-34 years	113(18.1%)	512(81.9	1	1	
	20 54 years	)	%)	1	1	
	>=35 years	, 30(31.3%)	66(68.8%)	2.06(1.278, 3.319)	1.124(0.557, 2.267)	
Maternal	No	70(29.7%)	166(70.3	2.021(1.2, 3.402) *	2.001(1.564, 6.444)	0.001
educational	education		%)	,,	,	0.001
status	Primary	35(16.7%)	175(83.3	0.958(0.542, 1.695)	_	
	Secondary	32(15.8%)	171(84.2	0.897(0.502, 1.601)	_	
		24/17 20/2	%)	4	1	
	Greater than	24(17.3%)	115(82.7	1	1	
Morital status	Single	6(25, 20/)	%) 11(64 70()	2 291(0 966 6 540)	0 446(0 101 1 062)	
Maritar status	Morried	0(33.3%) 137(18.6%	11(04.7%) 508(81.4	2.301(0.000, 0.349)	0.440(0.101, 1.905)	
	Marrieu	)	398(81. <del>4</del> %)	1	1	
	Others	18(50%)	18(50%)	4.365(2.213, 8.609) *	1.167(0.424, 3.207)	
Monthly income in	<500	53(2 <mark>8</mark> .5%)	133(71.5	1.937(1.199, 3.129) *	1.017(0.418, 2.473)	
ETB	500-1000	59(1 <mark>8.8</mark> %)	255( <mark>8</mark> 1.2	1.125(0.712, 1.776)		
	1001-2000 >2000	13(16.9%) 36(17.1%)	64( <mark>8</mark> 3.1%) 175(82.9	0.987(0.492, 1.98)		
	>2000	30(17.170)	%)	1		
Prenatal	Yes	39(33.1)	79(66.9)	2.217(1.441, 3.412)	1.204(0.652.2.224)	_
substance use	No	122(18.2%	548(81.8	1	1	
		)	%)			
Chronic disease	Yes	28(51.9%)	26(48.9%)	4.866(2.763, 8.57)	3.988(1.866, 8 524)	~0 001
uiseuse	No	133(18.1%	601(81.9	1	1	<b>\U.UU1</b>
		)	%)			
Hx of malarial	Yes	54(25.5%)	158(74.5	1.498(1.031, 2.176)	0.854(0.502, 1.452)	-
infection			%)			
	No	107(18.6%	469(81.4	1	1	
		)	%)			
a	Primigravid	63(19.8%)	255(80.2	1.038 (0.714,1.51)	0.477(0.107,2.135)	
Gravidity		74(10 20/)	%) 211/00 0	1	1	
	wultigravid	/4(19.2%)	311(80.8	1	1	
	a		<i>%</i> )			

Table 5: Logistic regression to identify factors associated with adverse neonatal outcomes amongwomen who gave birth through induced and spontaneous labor at Awi Zone public hospitals,Northwest Ethiopia: 2022

	Grandgravid a	24(28.2%)	61(71.8%)	1.654(0.967,2.826) *	1.118(0.314, 3.977)	
Parity	Primipara	66(20.8%)	252(79.2 %)	1.199(0.824, 1.747)	0.931(0.543, 1.597)	
	Multipara	69(17.9%)	316(82.1 %)	1	1	
	Grandpara	26(30.6%)	59(69.4%)	2.018 (1.188,3.428) *	1.874(0.601, 5.838)	
ANC follow	No	7(50%)	7(50%)	4.026(1.391,11.648)	1.959(0.494, 7.772)	-
up	Yes	154(19.9% )	620(80.1 %)	1	1	
Bad obstetric	Yes	48(36.9%)	82(63.1%)	2.823(1.823,4.253)	1.483(0.808, 2.722)	
history	No	113(17.2% )	545(82.8 %)	1	1	
Iron folate	No	37(27.2%)	99(72.8%)	1.591(1.04, 2.435)	0.666(0.342, 1.299)	
suplementatio n	Yes	124(19%)	528(81%)	1	1	
Complication during	Yes	77(40.5%)	113(69.5 %)	4.17(2.879, 6.038)	0.981(0.554, 1.739)	
Pregnancy	No	84(14%)	514(86%)	1	1	
Male	No	39(39%)	61(61%)	2.966(1.897, 4.638)	2.228 (1.225,	0.009
involvement	<b>T</b> 7	100/10 00/	5660000		4.055)	
	Yes	122(17.7%	566(82.3	1	1	
Maternal Hob	< -10  mg/dl	) 14(53.8%)	%) 12(46.2%)	4 881(2 211 10 774)	0.7(0.1992.458)	
Waternai 11g0	$\geq 10 \text{ mg/dl}$ $\geq 11 \text{ mg/dl}$	147(193%)	615(80.7	1	1	
		)	%)	1	1	
Gestational age	Preterm	18(75%)	6(25%)	14.071(5.476,36.158	9.83 (8.74, 76.374)	<0.001
C	Term	126(17.6% )	591(82.4 %)	1	1	
	Post term	17(36.2%)	30(63.8%)	2.658(1.422, 4.967)	2.43(1.226, 6.139)	0.014
MSAF	Yes	76(42%)	105(58%)	4.445(3.059, 6.459)	0.675(0.364, 1.252)	
	No	85(14%)	522(86%)	1	1	
Mode of	Instrumental	61(56%)	48(44%)	12.39(7.763, 19.777)	8.58(4.629,15.901)	<0.001
delivery	CS	44(57.1%)	33(42.9%)	13(7.663, 22.054)	4.167(1.939, 8.952)	<0.001
	SVD	56(9.3%)	546(90.7	1	1	
a 1	*7		%)	10 4 65 60 00 5		
Complications	Yes	/5(64.7%)	41(35.3%)	12.465(8.005,	5.156 (2.895,	0.001
and dolivery	No	86(12 90/)	586(97 7	19.409) 1	9.181) 1	<0.001
and derivery	110	00(12.8%)	300(87.2 %)	1	1	

\* Significant at P<0.2 bivariate regression analysis in the variable having categories.

#### **5.** Discussion

In this study, the magnitude of adverse neonatal outcomes among women who gave birth through induction of labor was 41.1% compared to 10.3% of women who gave birth through spontaneous onset of labor. The overall percentage of adverse neonatal outcomes among the participants was found to be 20.4%. This figure is comparable with the findings of a study conducted in the Tigray region(59). This figure could be implicated that adverse neonatal outcome is still a public health threat and efforts should be addressed. Thisstudy confirmed that adverse neonatal outcomeswere significantly higher in induced labor than in spontaneous labor. This figure is in agreement with studies conducted in the Tigray region(38), Australia(50), Sudan(58), and India(30). This consistence might bedue to the evidence that induction of labor is associated with a range of obstetrical complications(3).

Regarding specific adverse neonatal outcomes, the composite proportions of fetal death in the intrapartum and immediate neonatal death were significantly higher among women who gave birth through induced labor compared to the women who gave birth through spontaneous labor (5% Vs 1.1%). This figure is in agreement with studies conducted in Australia(48), Sudan(58), and Ethiopia(58). This might be due to evidence that induction of labor is associated with different early neonatal complications like birth asphyxia, respiratory complications(58), and occurrence of NRFHRP (37)that result in neonatal co-morbidities and death of neonates in the immediate neonatal period.

The study confirmed that the percentage of Apgar scores less than 7 in the first minute and the fifth minute of delivery was significantly higher among womenwho gave birth through induced labor compared to women who gave birth through spontaneous labor [( 29.6% Vs 6.3% and 8.1% Vs 1.9%) in the 1<sup>st</sup> and 5<sup>th</sup> minute respectively]. The findingswerecomparable to studies conducted in Australia(48), India(37), Tanzania, and Nigeria(29,57). The findings might beincreased occurrence of NRFHRP following induction of labor(40,41)which results in a lowering of Apgar score particularly the 5<sup>th</sup>-minute score.But studies conducted inBarcelona and Nigeria showedthat induction of labor (with oxytocin) reduces the risk of an Apgar score less than7(53,55,56).The findings of a study conducted in Indiastrengthened the findings that 1<sup>st</sup> and 5<sup>th</sup> minute Apgar scores were significantly higher in spontaneous labor (36). The possible explanation might bedue to the evidence that adverse maternal complications were high

following induction (precipitated labor and uterine overactivity)that cause NRFHRP, in turn, end up in Apgar scores less than 7(38).

The additional findings of the study showed thata significant percentage of a neonate born through induced labor requires immediate resuscitation after delivery (35.8% Vs 7.8%). This figure is comparable to the studies conducted in Switzerland(88), Belgium(47), and Barcelona Spain(53). The possible explanationis due to the increased rate of MSAF and NRFHRP (birth asphyxia) following induction of labor (37), the US(40), and Japan(79). Furthermore, this study showed that the rate of NICU admission among babies born through induction of labor was significantly higher compared to the spontaneously born newborn (15.4% Vs 5.7%). The figure is in track with a study done in Jordan with a neonatal admission rate of 14.7%(69) and studies conducted in Australia(48,50), India (30,37), Switzerland(46), Belgium(47), andNigeria(29,57). The possible explanation could be the fact that induction of labor was associated with early neonatal complications (birth asphyxia and respiratory complications) and increased risk of neonates requiring nursery care/treatment(38,49,58,82). The study finding was also strengthened with studies conducted in Spain(53) and Nigeria(54).

Regarding factors associated with adverse neonatal outcomes, the study found that babies born through induced labor were more likely to have adverse neonatal outcomes compared to babies born through spontaneous labor. This finding is in tract with studies conducted in India(30), Sweden(52), Australia(50,82), Switzerland and Belgium(46,47), Sudan(58),and Ethiopia(58). The possible explanation could be the fact that Induced labor is associated with adverse neonatal outcomes like Birth asphyxia, NRFHRP, and MSAF, and respiratory complications during the labor-delivery process(37,38,58)following the complication the neonate requires treatment in NICU(49,82).In addition, it might be due to increased maternal complications like tetanic uterine contraction (tachysystole) and precipitation of labor following induction of labor(38).

Concerning maternal education, the women who had no formal education were more likely to have adverse neonatal outcomes compared to women who had greater than secondary educational level. The finding is comparable to the findings of studies conducted in India(60), Italy(62), the USA(61), and Ethiopia(64). The possible explanation could be the fact that the education of women has been identified as an important factor for making a timely decision regarding prenatal complications(60) and women having higher educational levels may receive

adequate counseling as well as information regarding care(63), In addition, this could be due to lack of knowledge and awareness on danger signs of pregnancy that predispose them for different adverse outcomes among women who had no formal education(13).

The odds of adverse neonatal outcomes among women who have had the chronic disease were significantly higher compared to women who had no chronic medical illness. This figure is comparable to studies conducted in Denmark(65)and Ethiopia(66). This could be due to the association chronic disease to placental insufficiency and deviation from the normal physiology of pregnancy(25). The odds of adverse neonatal outcomes among women who had no male partner involvement in their health-seeking decision were significantly higher compared to women who had male partner involvement. This figure is in the tract with the studies conducted in Australia(70) and Kenya(73). The possible explanation could be the fact that Male partners/fathers are key support persons for childbearing women(71). Adverse pregnancy outcomes as a result of Stress on mothers during pregnancyareimproved with the involvement of a partner(72).

In addition, the study found that the women who gave birth before the expected age of gestation (before 37<sup>th</sup> completed weeks) were more likely to have adverse neonatal outcomes compared toterm delivery. This figure is comparable to a study conducted in Israel(89). The possible explanation is that infants born before the expected age had increased risk for different adverse birth outcomes as a result of physiological and physical immaturity(74). The odds of adverse outcomes among newborn delivered in the post-term period was significantly higher compared to term birth. The figure is comparable to studies conducted in Addis Ababa(75). The possible explanation is due to the fact that the post term pregnancy is associated with neonatal adverse birth outcomes as result of utero-placental insufficiency(76). The study also evidenced that the odds of adverse neonatal outcomes among new born delivered through operative delivery (instrumental assisted delivery and emergency CS) were higher compared to the neonate delivered through spontaneous vaginal delivery. This figure is in tract with a study conducted in Sekota(66). The possible explanation could be the fact that operative deliveries were conducted among women who developed particular complicationsor indications for operative delivery are associated with increased odds of adverse neonatal outcomes (48).

The likelihood of adverse neonatal outcomes was significantly higher among babies delivered from mothers who developed labor-delivery complications compared to their counterparts. This figure is comparable to a study conducted in Sweden(74). This could be due to the increased application of instrumental delivery(74). In addition, it could be due to increased complications of tetanic uterine contraction (tachysystole) and precipitation of labor following induction of labor(38).

#### Strength and limitation of the study

Consideration of large sample size which is good to detect outcomes and possible associated factors is considered as strength of the study. In addition, use of electronic data collection technique with Epicollect 5 software fordata collection purpose also considered as strength of this study.

This study was not conducted without limitations; therefore this study shares the limitation of a cross-sectional study that may not indicate a causal relationship. In addition, a study may miss additional variables (neonatal and health professional related factors) because of a lack of data which could have an association with birth outcomes. A study misses adverse neonatal outcomes after 24hr of birth, as results of this study may not be generalizable to other populations; however, they provide regional evidence of the adverse neonatal outcomes and associated factors in Ethiopia.

### 6. Conclusion

Generally, one out of five newbornsdevelops adverse neonatal outcomes within 24 hours of birthin the study area. The odds of adverse neonatal outcomes among induced women were significantly higher compared to women who gave birth through spontaneous onset of labor. In addition, immediate newborndeath and fetal death during labor, NICU admission, need for resuscitation, first minute and fifth minute Apgar scores less than 7, and neonatal jaundice were evidenced more frequently among women who gave birth induced labor compared to women who gave birth through the spontaneous onset. No formal education, no male partner involvement, presence of chronic disease, preterm and post-term delivery, complications during labor, and mode of delivery were factorssignificantly associated with adverse neonatal outcomes.

# 7. Recommendations

- ➢ To Awizone health bureau:-
  - ✓ Should design strategies and provide community engaged health education for reproductive age women in the community.
  - ✓ Should provide health promotion activityliving with the chronic disease before pregnancy.
- > To health care providers:-
  - ✓ Intervention regarding to maternal and neonatal health should focus on the women who had no formal education
  - ✓ Should anticipate and prepare for management of possible complication after induction
  - ✓ Should avoid unnecessary early intervention in the intrapartum period without clear evidence
  - Should monitor the progress of labor properly for early detection and management of labor-delivery related complications
  - $\checkmark$  Should consider early identification and management of preconception risk factors
  - ✓ Should conduct the procedure with caution and clear evidence since it carries maternal and neonatal risks.
- ➤ To researchers:-
  - ✓ Finally, a longitudinal or cohort study evaluating neonatal outcomesis recommended to identify causal relationships between variables.
  - ✓ Incorporating neonatal outcomes after 24 hours of life is also recommended.

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# 9. Annex

### **Appendix-I Declaration**

#### Author

This thesis proposal is my original work and has not been presented for award of MSc Degree or for any similar purpose in any other institutions.

Melaku Laikemariam Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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Advisors:

This thesis will be submitted for review with my approval as University supervisor.

Sr. Almaz AkliluSignature: \_\_\_\_\_Date: \_\_\_\_\_

Mr.Fekadu wolteniguse Signature: \_\_\_\_\_Date: \_\_\_\_\_

Sr. AsterayAsemieSignature: \_\_\_\_\_Date: \_\_\_\_\_

#### Appendix-II principal investigator assurance

I certify that the statements herein are true, complete, and accurate to the best of my knowledge. I certify that individuals or organizations named herein are aware of their planned or potential involvement. I agree to accept responsibility for the scientific conduct of this proposal and to provide the required progress proposal if needed.

Melaku Laikemariam Signature-----date -----

#### Appendix- III Information sheet and consent form

**Introduction:**Hello, how are you? My name is \_\_\_\_\_\_. I am working as data collector in a survey conducted by Melaku Laikemariam at Awi Zone public hospitals. The research thesis was supported in collaboration of Bahir Dar University, College of Medicine and Health Sciences, Midwifery Department to identify adverse neonatal outcomes and associated factors among women with induced and spontaneous labor in the public hospitals at Awi zone, Ethiopia 2022. You are invited to participate in this study and I kindly request your active involvement in this survey in order to provide me the necessary information. So thank you for your contribution.

**Study topic**- Adverse neonatal outcomes of induced and spontaneous labor and associated factors among women who give birth at public hospitals of Awi zone, NorthwestEthiopia 2022

**Objective of the study**-To compare adverse neonatal outcomes of induced and spontaneous labor and associated factors among women who give birth at public hospitals of Awi zone, NorthwestEthiopia 2022

#### Study period- April 30 to June 30/2022

**Process of study**: as part of this study different questions are prepared to be interview with you. For unclear questions, if you need clarification you can ask any time. Since your participation in this survey is totally depends on your voluntary basis you have the full right to refuse, to participate and to stop at any time.

Advantage and disadvantage: There is no payment or any special privilege given for your participation in this study but your honest answer to these questions is very important to complete this study that will have impact on reduction of neonatal morbidity and mortality. Also you are not obliged to participate or give information you don't want. If you are not feeling good any time, please don't worry to ask to stop the procedure.

**Confidentiality**: Certainly I assure that your name or your newborn baby's name will not be mentioned/ recorded anywhere. The confidentiality of the information you provided to me will be maintained and couldn't be accessed by third party but it's used for the purpose of research only. If you have any questions regarding this study, you can call me with **0918487740**;

Could I have your permission to continue? Yes

Signature of the data collector certifying that informed consent has been given verbally by respondent\_\_\_\_\_

Questionnaire code\_\_\_\_\_ Data collector name \_\_\_\_\_ Date \_\_\_\_\_

### Part 1: Socio economics and demographic factors

serial no	Questions of study variable's	Choice of answers	Skipto
101	How old are you?	years	
102	Place of residence?	A. Town B. Rural	
103	Current marital status?	<ul><li>A. Single</li><li>B. Married</li><li>C. divorced</li><li>D. Widowed</li></ul>	
104	Your religion?	<ul><li>A. Orthodox</li><li>B. Protestant</li><li>C. Muslim</li><li>D. Others specify</li></ul>	
105	To which Ethnicity do you belong to?	<ul> <li>A. Agew</li> <li>B. Amhara</li> <li>C. Benshagule gumez</li> <li>D. Oromo</li> <li>E. Others specify</li> </ul>	
106	Your educational status?	<ol> <li>Unable to read and write</li> <li>Read and write</li> <li>Elementary</li> <li>Secondary</li> <li>More than secondary</li> </ol>	
107	Current occupation?	<ul> <li>6. House wife</li> <li>7. Farmer</li> <li>8. Merchant</li> <li>9. Governmental Employee</li> <li>10. Private and others</li> </ul>	
108	Your monthly income?	ETB per months	

s. no	Questions	Alternative answers	Skip to
201	Habit of prenatal substance use?	A. Yes B. No	
202	Did you have pre-existing chronic medical disease?	A. Yes B. No	
202	If yes for Q203 type of pre- pregnancy disease?(more than one answer possible)	<ol> <li>Hypertension</li> <li>Diabetic mellitus</li> <li>Chronic renal disease</li> <li>Anemia</li> <li>TB</li> <li>HIV/AIDS</li> <li>Others (specify)</li> </ol>	
203	Did you have history malarial infection?	A. Yes B. No	

# Part-3 Obstetric history of the respondents

S.no	Questions	Answers	Skip To
301	Gravidity	in number	
302	Parity	in number	

303	Did you have any bad obstetric history?	A. Yes B. No
305	If yes for Q 304, type of bad obstetric history? (More than one answer possible)	write types of bad hx
306	Did you attend ANC follow up during pregnancy?	A. Yes B. No
307	If yes for Q306, GA you started ANC?	months
308	If yes for Q306, number of ANC visits?	in number
309	Did you receive tetanus injection during pregnancy?	A. Yes B. No
310	If yes for Q309, how many times did you receive?	in number
311	Did you receive Iron folate during Pregnancy?	A. Yes B. No
312	If yes for Q311, how many months?	in months
313	Did you develop any complication during pregnancy?	A. Yes B. No
314	If yes for Q313 type of complication? (more than one answer possible)	<ul> <li>A. Preeclampsia</li> <li>B. Eclampsia</li> <li>C. Antepartum hemorrhage</li> <li>D. Premature rapture of membrane</li> <li>E. Others, specify</li> </ul>

# CHECKLISTS TEMPLATE

# Part-1 obstetric related chart review questions

serial no	Questions	Alternative answers	Skip To
401	Maternal body weight	In Kg	

402	MUAC	in centimeter	
403	Maternal hemoglobin level	Mg/dl	
404	GA at birth	in Weeks	
405	Onset of labor	<ul><li>A. Spontaneous</li><li>B. Induced</li></ul>	
406	If onset induced, Bishop score	<ul><li>A. Favorable</li><li>B. Unfavorable</li></ul>	
407	MSAF	A. Yes B. No	
408	Method of induction	( medical, surgical & both surgical and medical or mixed methods)	
409	Dose of induction drugs	mg/ml ( oxytocin or misoprostol)	
410	Duration of induction	Hours	
411	Mode of delivery	<ul><li>A. Spontaneous vaginal delivery</li><li>B. Emergency cesarean section</li><li>C. Instrumental Delivery</li><li>D. Other procedure, specify</li></ul>	
412	Did she develop any complication during delivery?	A. Yes B. No	
413	If yes for Q415, what type of complication)?	<ul> <li>A. Obstructed labor</li> <li>B. Prolonged labor</li> <li>C. Post-partum hemorrhage</li> <li>D. Precipitated labor</li> <li>E. Shoulder dystocia</li> <li>F. Others specify</li> </ul>	

# Part 2:Neonatal outcomes chart review checklist questions

Questions	Alternative answers	Skip
		to
Outcomes of newborn?	A. Dead	
	Questions Outcomes of newborn?	Questions     Alternative answers       Outcomes of newborn?     A. Dead

		B. Alive	
502	If dead, type of death?	A. Still birth B. Early neonatal death	
503	If dead, cause of death?	A. AsphyxiationB. PrematurityC. Unknown cause	
504	Sex of the newborn?	A. Male B. Female	
505	Weight of newborn?	in grams	
506	APGAR score 1 <sup>st</sup> & 5 <sup>th</sup> minute after birth respectively?	( write the score)	
507	Did the newborn resuscitated?	A. Yes B. No	
508	Was the newborn admitted to NICU?	A. Yes B. No	
509	If yes for Q-509, reason of admission?	<ul> <li>A. Prematurity</li> <li>B. Infection</li> <li>C. Asphyxia</li> <li>D. Neonatal jaundice</li> <li>E. Other (specify)</li></ul>	
510	Does the newborn have jaundice in the first 24 hrs?	A. Yes B. No	

#### <u>አማረኛ ቅጅ</u>

#### ተጨማሪመረጃ-1 የሰነድማረ,ጋገጫ

#### <u>ተመራማሪዉ</u>

ይህየምርምርንድልሀሳብየራሴ፣ትክክስኛስራእናሴላቦታሁስተኛዲግሪስማግኘትወይምስሴላአላማያልቀረበመሆኑንአፈጋግጣስዉ።

መሳኩሳሕከማሪየምፌርማ------ቀን-----

#### <u>አማካሪወች</u>

ይህየምርምርነድፈሀሳብእንደዩኒበርስቴአማካሪንቢተደርንልኝክስሳማድረጌንአፈጋግጣስዉት።

አቶፍካዱፊሬማ-----ቀን-----ቀን

ወ/ሮአልማዝፌረማ-----ቀን-----ቀ

ወ/ሮአስተራይፊሬማ-----ቀን-----ቀን-----

#### ተጨማሪመረጃ-2 የዋናተመራማሪዉዋስትናማፈ*ጋ*ገጫ

ከዚህፅሁፍላይያሉመማስጫወችበሙሉእቴእስከማቀዉድረስእዉነት፣ትክክልእናየተሙአሉመሆናቸዉንአፈጋማጣስዉ።ከዚህጥናትላይ ስማቸዉየተካተቱማስሰቦችወይምድርጅቶችተሳትፎአቸዉንእናእቅዳቸዉንእነደሚዉቁአፈጋማጣስዉ።ይህንሳይንሳዊጥናትስመስራት ሙሉሀላፊነትእንደምወስድእናየጥናቱንሪፖርተበሚፈለማበትጊዜእንደማቀርብበሙሉእምነትአፈጋማጣስዉ።

መሳኩሳእከማሪየምፌርማ------ቀን-----

#### ተጨማሪመረጃ-3 የመረጃቅፅናየስምምነትመጠይቅ

ባህዳርዩኒቨርስቲ፣ህክምናጤናሳይንስኮሌጅ፣ሚድዊፌሪት/ትክፍል

#### **መግቢያ፡-**ሰሳምእንዬትነዎት?

እኔስሜ

ይባላል::በአዊዞንየህዝብሆስፒታሎችላይአቶመላኩላእከማሪየምበሚሰራውጥናትየመረጃስብሳቢሁኜእየሰራሁነው።ጥናቱበባህዳርዩኒቨር ስቲ፤ህክምናጤናሳይንስኮሌጅ፤ሚድዊፈሪት/ትክፍልትብብርናድጋፍበአዊዞንየመንግስትሆስፒታሎችበተፈትሮእናበምትመርፌየሚወ ስዱጨቅላህፃናትየሚጋጥሙአቸዉችግሮችእናተጎዳኝምክናየቶችበሚልርስይካሄዳል።በዚህጥናትውስጥስመሳተፍእናአስፈላጊውንመረ ጃበመስጠትትብብርአንድታደረጉበአክብሮትእጠይቃሰሁ። ለሚያደርጉትአስተዎዕኦከልብአመሰግናሰሁ።

<u>የጥናቱርዕስ፡-</u>በአዊዞንየመንግስትሆስፒታሎችበተ**ፌትሮ**እናበምትመርፌየሚወስዱጨቅሳህዓናትየሚጋጥሙአቸዉችግሮች

#### <u> የጥናቱአሳማ፡</u>-

በአዊዞንየመንግስትሆስፒታሎችበተ**ፌትሮ**እናበምትመርፌየሚወለዱጨቅሳህፃናትየሚ*ጋ*ጥሙአቸዉችግሮችንስመለየትእናስመነጻጸር.

**የጥናቱጊዜ፡**ከማንቦት1 - ሰኔ 30/2014

#### የጥናቱሂደት ፡-

ስዚህጥናትመሳካትበቀጥታግንኙነትያሳቸውየተለያዩመጠይቆችተዚጋጅተዋል።ስማቀርባቸውጥያቄዎችተጨማሪማብራሪያከፌስጉበማ ንኛውንምግዜመጠየቅይችሳሉ::ተሳትፎወትበፈቃደኝነትሳይየተመሰረተስስሆነበማነኛወምስአትማስቆምወይምማቁአረጥይችላሉ።ስም ጠይቅዎጥያቄየሚያምኑበትንናትክክስኛመልስዎንእንዲስጡኝእጠይቃለው:: ይህመጠይቅለማጠናቀቅቢበዛስ10-25 ደቂቃአብረንእንቆያስን።

#### <u> የጥናቱጥቅምናጉዳት፦</u>

በዚህጥናትበመሳተፍዎየሚክሬለወትክፍያወይምቀጥተኛጥቅምአ*ያገኙም።ግን*የሕርስዎሕውነተኛመልስስዚህጥናትአላማበጣምጠ*ቃሚ* ነው።በተጨማሪምበጥናቱበመሳተፍዎምንምአይነትችግርወይምጉዳትአንደማደርስበወትአፈ*ጋ*ግትስወታስዉ. መመስስያልፈስጉትንጥያቄአስመመስስይችሳሉ።እናምመጠየቁንበሬስጉትጊዜካልተመችዎትማስቆምይችሳሉ።

<u>ሚሲጢራዊነት፡-</u>በመጠይቁላይየእርስዎእናየልጅወስምአይመዘንብም።እርስዎየሰጡንመረጃየሚወስዉሰጥናቱአላማብቻነዉ። ከጥናቱአጥኝበስተቀርስሌላተላልፎአይሰጥም።

#### ጥናቱ*ን*በተመስከተጥ*ያቄ*ካ**ስ**ዎትበ0918487740

ስልክቁጥርመደወልይችልሉ::በተጨምሪምለባህርዳርዩኒቨርስቲየጥናትስነምንባርኮሚቴበ-----ስልክቁጥርመደወልይቻሳሉ።

- መጠየቁንስመሙሳትይስማማሱአይ
- ተሳታፊወትየቃልስምምነትማድረጋቸዉንየሚረጋገጥየመረጃስብሳቢዉፊርማ------የመጠይቁመስያቁጥር -----

የጠያቂውስም-----መጠይቁየተምላበትቀን ------

*ያሬ,ጋገ*ጠውሱፕርቫይዘርስም-----

ተጨማሪመረጃ-4የአማረኛቅጂመጠይቆችእናከመዝንብየሚወስዱመረጃወችቅፅ

የአማረኛቅጂመጠይቆች

ክፍል	1. የተጠያቂማህበራዊባህሪያትበተመስከተየሚጠየቁጥያቄዎች		
ተ.ቁ	<i>ጥያቄዎ</i> ች	መልስ	ይዘለል
101.	እድ <i>ሜ</i>	አመት	
102.	መኖሪያቦታ	1. ከተማ 2. ገጠር	
103.	<i>የ.</i> ንብቻሁኔ <i>ታ</i>	1. ይባባች 2. ይሳንባች 3. አግብታየፈታች	
104.	የትምርትሁኔታ	4. የሞተበት 1. ያልተማረች 2. አንደኛደረጃየተማረች 3. ሁስተኛደረጃየተማረች	
105.	ንሳ /ብሄር	4.         ከሁለተናደረጃበላይየተማረት           1.         አማራ           2.         ቤኒሻንጉል           3.         ኦሮሞ           4.         ኦሪ/ደግላይ)	
106.	ዛይማኖት	4. 応い(シ 加水)       1. たてቶዶክስ       2. 下でもわナプヤ       3. のいれの       4. 丸久 (ይつねみ)	
107.	P"b.	1. የቤትእመቤት 2. አርሶአደር 3. የመንግስትተቀጣሪ 4. የግልተቀጣሪ 5. ነ <i>ጋ</i> ዴ 6. ሌላ (ይግስጹ)	
108.	የእርስዎቤተሰብወርሃዊንቢ (በኢትዮጲያብርይንለፅ )		
ክፍል	2. የአ፦፦ርዘይቤእናለረጅምኔዜየሚቆይበሽታየተያያዙመጠየቆ	± ች	1
201	በአሁኮእርግዝናአለኮልጠጥተዉያዉቃሉ	1. አወ 2. የለም	
202	<u>ከእርግዝናበፌትላረጅምጊዜየሚቆይህመምአለብውት</u>	1. አወ 2. የለም	
203	ሰጥ <b>ድቂ 201</b> አወከሆነ፣ምንአይነትህመምነዉ(ከአንድበላይመልስይቻላል)	1. ደምግፊት 2. የስኳርበሽታ 3. የኩሳሊትበሽታ 4. የደምማነስ 5. ሌላይንስስ	
204	የእናቲቱየላይኛዉክንድመሀልዙሪያበሴንቲሜትር	1. 23 ሴንቲሜትርእናከዛበላይ 2. ከ23 ሴንቲሜትርበታች	
205	የወባበሽጣነበረሽ	1. አወ 2. የ <b>ስ</b> ም	
ክፍል	3. ስለፅንስእናየወሊድታሪክንበተመለከተመጠየቆች		
301.	የአሁጐንእርግዝናጨምሮስንትጊዜአርግዘሽታውቂያስሽ (ከሰባትወርበፊትንሁሱንም)?	በቁጥር	
302.	ሰባትወርከምላዉበሁላስንትጊዜወልደዉይዉቃሉ (ይህንንጨ	ምሮ)?በቁጥር	1
303.	ስአ <i>ሁን</i> በፊትበነበረዉአር <i>ግዝናያ ጋ</i> ጠመወትችግርነበረ	1. <i>አዎ</i> , 2. የለም	1
304.	ሰጥያቂ 303 መልስወትአወከሆነ፣ምንአጋጥመወትያወቃል?(ከአንድበሳይራ ሳል)	1. ለተከታታይማስወረድ መልስይቻ 2. ፅንሱማህጸንወስጥሙቶመዉጣት 3. ከተወለደበሃላበ7 ቀናትመሞት	

		4. ሌሳካለይጠቀስ	
305.	በአሁንየእርግዝናወቅት፣የቅድመወሊድእንክብካቤ/ክትትልአድርንሽነበ ር	1. አወ 2. የለም	
306.	ሰጥያቄ 305 አወክሆነመሰሱ፣ክትትልሲጀምሩእርግዝናዉስንተኛወርወይምሳምንትነ በር	ወር ሳምንታ	
307.	ለጥያቄ 305 አወክሆነመለሱ ፣ስንትጊዜክት ትልአደረጉ	በቁጥር	
308.	በዚህየአርግዝናወቅት ፣የቴታነስመከላከይክትባትበክንድሽተሰጥቶሽይው ቃል?	1. አዎ 2. የስም	
309.	ስጥያቂ 308አወክሆነ፣በዚህእርግዝናወቅት ቲታካስመርፌለምንያህልጊዜነውየወ ሰድሽው?	2,tL	
310.	በዚህእርግዝናወቅትየ" አይረንእናፎሊክአሲድ" (ለደምማነስችግርንለመከሳከልየሚወሰድ) እንክብልመድዛኒትአግኝተሻል/ወስደሻል?	1. አዎ 2. አልወሰድኩም	
311.	መልሱአወክሆነ፣ለስነትወርወሰዱት	በወር	
312.	በአሁ <b>ኍየ</b> እር <b>ግዝናወቅ</b> ት <i>፣ ያአጋ</i> ៣ሽችግርነበር	1. አዎ	
		2. PA9≞→	317
313.	ስጥያቂ 312	1. የደምግፊትመጨመር (<160/110)	
	አወክሆነከአጋጠመወተከሚከተሉተችግሮችመካከልየተኞቹአጋጥመወ	2. ከፍተኛየደምፃፊተመጨመር	
	ታል?(ስለንድዘባይመልበይታባል)	3. ራጠንመባተካመንዋካዋት 4. አባልትያመ መወያመ መፍላአ/ሰን ርወዝር ልነት	
		4. $\Pi = 0^{3} \Im = 2 \Pi = 1 \square \square$	
		$\begin{bmatrix} 5. & 1 \\ 1 \\ 1 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\$	
ከመዝገ	ብየማመስዱመረጃወች		
ክፍል-1	ስለፅንስእናየወሊድታሪክንበተመለከተየተዘጋጁቅፆች		
101			
101.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር?	በሳምንት	
101.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት	በሳምንት mg/dl	
101. 102. 103.	ይህልጅሲወለድየእር <i>ግዝ</i> ናእድ <i>ሜ</i> ዉስንትነበር? የእናትዋደምብዛት ምጡሲጀምር	በሳምንት mg/dl 1. በራሱጊዜ 2. በምጥማስጀመሪያ	
101. 102. 103. 104.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትዋደምብዛት ምጡሲጀምር በምጥጣስጀመሪያከሆነየመዳሀኒቱመጠን	በሳምንት mg/dl 1. በራስንዚ 2. በምጥማስጀመሪያ ማ.ግ/ይል	
101. 102. 103. 104. 105.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትሬዝማኔ	በሳምንት mg/dl 1. በራስጊዜ 2. በምጥማስጀመሪያ ሚግ/ኤሊ	
101. 102. 103. 104. 105. 106.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝማኔ አሁንሲወልዱበምንመነገድነዉየወለዱት?	በሳምንት mg/dl 1. በራሱጊዜ 2. በምጥማስጀመሪያ ሚግ/ኤሊ 1. በማህፀንበር (ያስምንምአንዛ)	
101. 102. 103. 104. 105. 106.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትዋደምብዛት ምጡሲጀምር በምጥጣስጀመሪያከሆነየመዳሀኒቱመጠን የምጥጣስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝጣኔ አሁንሲወልዱበምንመነገድነዉየወስዱት?	በሳምንት mg/dl 1. በራሱጊዜ 2. በምዋማስጀመሪያ ሚግ/ዴስ. 1. በማህፀንበር (ያስምንምአንዛ) 2. በቀዶጥንና (በድንንተኛ)	
101. 102. 103. 104. 105. 106.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝማኔ አሁንሲወልዱበምንመነገድነዉየወለዱት?	በሳምንት mg/dl 1. በራሱጊዜ 2. በምጥማስጀመሪያ ማ.ግ/ይል 1. በማህፀንበር (ያለምንምአንዛ) 2. በቀዶጥንና (በድንንተኛ) 3. በማህፀንበር (በመሳሪያታግዛ)	
101.         102.         103.         104.         105.         106.         107.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትሬዝማኔ አሁንሲወልዱበምንመካንድነዉየወለዱት? በዚህምጥእናወሊድጊዜያ ጋጠመችግርነበር?		
101. 102. 103. 104. 105. 106. 107.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝማኔ አሁንሲወልዱበምንመነገድነዉየወለዱት? በዚህምጥእናወለድጊዜያ ጋጠመችግርነበር? ስጥያቄ 107 አወክሆነ፣ምንአይነትችግርነበር		
101.         102.         103.         104.         105.         106.         107.         108.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝማኔ አሁንሲወልዱበምንመካንድነዉየወለዱት? በዚህምጥእናወሲድጊዜያ ጋጠመችግርነበር? ሰጥያቄ 107 አወክሆነ፣ምንአይነትችግርነበር (ከአንድበሳይመልስይቻሳል)		
101.         102.         103.         104.         105.         106.         107.         108.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝማኔ አሁንሲወልዱበምንመነገድነዉየወለዱት? በዚህምጥእናወሊድጊዜያ ጋጠመችግርነበር? ሰጥያቄ 107 አወክሆነ፣ምንአይነትችግርነበር (ከአንድበላይመልስይቻላል)	በሳምንት mg/dl 1. በራስጊዜ 2. በምጥማስጀመሪያ ሚግ/ይእ 1. በማህፀንበር (ያለምንምአንዛ) 2. በቀዶጥንና (በድንንተኛ) 3. በማህፀንበር (በመሳሪያታግዛ) 1. አመ 2. የለም 1. የተቀረቀረምጥ 2. ረጅምስአትምጥ (ከሚፈቀደዉበላይ) 3. ከወለዱበኃላየደምመፍስስብዛት	
101.         102.         103.         104.         105.         106.         107.         108.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትሬዝማኔ አሁንሲወልዱበምንመካንድነዉየወለዱት? በዚህምጥእናወሊድጊዜያ ጋጠመችግርነበር? ሰዋያቄ 107 አወክሆነ፣ምንአይነትችግርነበር (ከአንድበላይመልስይቻላል)	በሳምንት mg/dl 1. በራስጊዜ 2. በምጥማስጀመሪያ ሚግ/ኤሊ 1. በማህፀንበር (ያለምንምአንዛ) 2. በቀዶጥንና (በድንንተኛ) 3. በማህፀንበር (በመሳሪያታግዞ) 1. አመ 2. የለም 1. የተቀረቀረምዋ 2. ረጅምስአትምጥ (ከሚፈቀደዉበላይ) 3. ከመለዱበታላየደምመፍስስብዛት 4. ሌላ፣ይንስፅ	
101. 102. 103. 104. 105. 106. 107. 108. <b>hFA-2</b>	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝማኔ አሁንሲወልዱበምንመነገድነዉየወለዱት? በዚህምጥእናወሲድጊዜይጋጠመችግርነበር? በዚህምጥእናወሲድጊዜይጋጠመችግርነበር? ስጥይቄ 107 አወክሆነ፣ምንአይነትችግርነበር (ከአንድበላይመልስይቻሳል)		
101. 102. 103. 104. 105. 106. 107. 108. <b>hFA</b> -2 201.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝማኔ አሁንሲወልዱበምንመነገድነዉየወለዱት? በዚህምጥእናወሲድጊዜያ ጋጠመችግርነበር? በዚህምጥእናወሲድጊዜያ ጋጠመችግርነበር? ሰጥያቄ 107 አወክሆነ፣ምንአይነትችግርነበር (ከአንድበሳይመልስይቻሳል) 2. ከጨቅሳህፃኑ ዖታ		
101. 102. 103. 104. 105. 106. 107. 108. <b>hFA</b> -2 201. 202.	ይህልጅሲወለድየእርግዝናእድሜዉስንትነበር? የእናትየደምብዛት ምጡሲጀምር በምጥማስጀመሪያከሆነየመዳሀኒቱመጠን የምጥማስጀመሪያመዳሀኒትየተሰጠበትየስአትረዝማኔ አሁንሲወልዱበምንመካንድነዉየወለዱት? በዚህምጥእናወሊድጊዜያ ጋጠመችግርነበር? በዚህምጥእናወሊድጊዜያ ጋጠመችግርነበር? ሰጥያቄ 107 አወክሆነ፣ምንአይነትችግርነበር (ከአንድበላይመልስይቻሳል) 2. ከጨቅሳህፃኑ-ጋርየተያያዙመጠየቆች የጨቅሳህፃኑ-ይታ	በሳምንት mg/dl 1. በራስጊዜ 2. በምጥማስጀመሪያ ሚግ/ይለ. 1. በማህፀንበር (ያለምንምአንዛ) 2. በቀዶጥንና (በድንንተኛ) 3. በማህፀንበር (በመሳሪያታግዞ) 1. አመ 2. የለም 1. የተቀረቀረምጥ 2. ረጅምስአትምጥ (ከሚፈቀደዉበላይ) 3. ከወለዱብኃላየደምመፍስስብዛት 4. ሌላ፣ይንስծ	

203.	ስጥያቄ 202 የሞተከሆን፣	1. ሙቶየተወስደ
		2. ከተወ <b>ለ</b> ደበ24ስአትወሰጥየምተ
204.	ተወልዶየሞተከሆነ፣ምክንይቱ (ከአነድበላይመልስይቻላል)	1. መዉሰጃስአቱሳይደርስመወለድ
		2. ብክለት
		3. መታፈን(በኦክስጅንእጥረት)
		4. ሴሳ፣ይባስፅ
205.	የጨቅሳህየ፦ክብደትስንትነዉ	በግራም
206	$\theta = \tilde{\theta} = 10^{12} \theta \theta \phi \phi \phi$	0.500
206.	<i>የመድመሪያስ</i> በፍ <u>ድ</u> ዊዎስ በ ጋር ዉጤተ	
207		0.500
207.	በተወሰዱለን በተዳዊዎሳይለ 1 ሥርመብቴተ	
208.	<u>አዲስየተወለደውህጻንየማንቂህክምናተደርጎለታል</u>	1. አወ
		2. የስም
209.	ህ <b>የ</b> ኮወደጨቅላማሞቂያ <b>እና</b> መቆያክፍልንብቶነበር	1. አወ
		2. የስም
210.	ለጥያቄ 209 አወከሆነ፣ምክንያቱምነድንነበር	1. መዉሰጃስአቱሳይደርስመወለድ
		2. ብክለት
		3. መታፈን(በኦክስጅንእጥረት)
		4. የሰውነትግረጣትወይምቢጫነት
		5. ሴሳ <i>፣ ይገስስ</i>

ከልብአመሰግናስዉ!!