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# Prevalence and Associated factors of Intestinal Parasitic Infection among by Primary School Children s in Woreda: A Cross-Sectional Studyin Northwest Ethiopia

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#### **BAHIR DAR UNIVERSITY**

## COLLEGE OF MEDICINE AND HEALTH SCIENCES, SCHOOL OF PUBLIC HEALTH, DEPARTMENT OF ENVIRONMENTAL HEALTH

PREVALENCE AND ASSOCIATED FACTORS OF INTESTINAL PARASITIC INFECTION AMONG PRIMARY SCHOOL CHILDREN'S IN GUANGUA WOREDA: A CROSS-SECTIONAL STUDYIN NORTHWEST ETHIOPIA

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A THESIS SUBMITED TO THE DEPARTMENT OF ENVIRONMENTAL, HEALTH SCHOOL OF PUBLIC HEALTH, COLLEGE OF MEDICINE AND HEALTH SCIENCE, BAHIRDAR UNIVERSITY IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR MASTER OF PUBLIC HEALTH IN WATER, SANITATION AND HYGINE

**ADVIOSORS:** 

MESAFINT MOLLA (MPH) TSION SAMUEL (MPH)

MAY, 2020

**BAHIR DAR, ETHIOPIA** 

	MASTER	RESEARCH	PROPOSAL	<b>SUBMITION FORM</b>
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Name of primary advisor	MesafintMolla (MPH)
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Full title of research proposal	Prevalence of intestinal parasitic infection and associated factors among primary school children in Guanguaworeda, Northwest Ethiopia, 2020: School based cross-sectional study
Duration of research	February 2020 to March 2020
Study Area	Guanguaworeda
Total cost of the project	34,385ETB (Ethiopian birr)
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I, undersigned, agreed to accept all responsibilities for the scientific and ethical conduct of the research project and for the provision of required progress reports as per the terms and conditions of the requirements of the department. I wasproviding timely progress report to my advisors and seek the necessary advice and approval from my advisors in the course of the research.

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### ACRONYMS

- AOR Adjusted odd ratio
- COR Crude odd ratio
- EDHS Ethiopian demographic health survey
- HHs Households
- IPIs Intestinal parasitic infections
- IRB Institutional review board
- NTD Neglected tropical disease
- PC Preventive chemotherapy
- SAC School aged children
- SDG Sustainable developmental goal
- STH Soil transmitted helminthes
- WASH Water Sanitation Hygiene

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#### Abstract

**Background:** Intestinal parasitic infections caused by pathogenic helminthes and protozoan species are endemic throughout the world. Intestinal parasitic infection is one of the ten top major public health problems in developing countries including Ethiopia and primarily affecting school children. School-children being major victims, therefore In our study area there is no previous study about the prevalence of intestinal parasitic infections with emphasis on S.mansoni. Due to this i am interested to the study aimed to assess the prevalence of intestinal parasitic infections and associated risk factors among school children.

**Objectives:** The aim of this study is to assess the prevalence of intestinal parasitic infections and associated factors among primary school children in Guangua woreda, Northwest Ethiopia.

**Methods:** School-based cross-sectional study was conducted in Guanguaworeda primary school children from February 01 - March 01/2020. The study participants were selected using multi- stage sampling method. A total of 553 school children were enrolled in this study. Socio-demographic data of the study participants, Environmental and Habits of child behaviors the possible factors for the occurrence of intestinal parasitic infection were collected using a pre-tested structured questionnaire. Bivariate and multivariate analysis was computed. In Bivariate cases p-value, less than 0.25 and for multivariate 0.05 was used considered statistically significant.

**Result:** Of 551 students examined for IPIs, 309 (56.1%) were positive for one or more intestinal parasitic infections. Ascaris lumburicoides was the most predominant parasites 920%) followed by Entamoeba histolytic a (14%). Among the risk factors Habits of swimming, fingernail trimming and shoe wear habits were found to be the most important predictors associated high risk of IPIs (p < 0.005).

**Conclusion:** High prevalence of intestinal parasitic infections among primary school children demands improved health education on regular shoe wearing habits, fingernail cleanness and not swimming with barefoot.

#### **1. INTRODUCTION**

#### 1.1 Background

Intestinal parasitoid refers to a group of disease caused by one or more species of Protozoa, Cestodes, trematodes and nematodes. Intestinal parasitic infections (IPIs) caused by pathogenic helminthes and protozoan species are endemic throughout the world Globally, about 3.5 billion and over 450 million people are affected and ill with parasitic infections, respectively.(1).

Intestinal parasites are transmitted directly by water soil, and/or food contaminated with fecal materials or indirectly by inappropriate personal and social hygiene conditions. The high prevalence of intestinal parasites in children is associated with many factors, especially personal and environmental hygiene. The rate of intestinal parasitic infection is a useful index, especially in underdeveloped and developing countries. Such infection may lead to malnutrition and inadequate physical growth which cause undesirable consequences in learning and cognitive ability especially in school children.(2).

Intestinal parasites have their own characteristics; have different morphological and biochemical mechanisms to infect humans and animals. They are usually classified as protozoa and helminthes. The most important intestinal protozoan pathogens are Entamoeba histolytic, Cryptosporidium species, Giardia lambilia, Cystoisospora (Isospora) belli, Cyclosporacayetanensis, and members of the phylum Microsporidia. The predominant intestinal helminthes are Ascarislumburicoides, Trichuristrichiura, Schistosomamansoni, hookworm, Hymenolepis nana, Enterobiusvermicular is and Strongyloidesstercoralis(3).

School-age children usually defined as children's aged 5–14 years, who may or may not be enrolled in school, compared with any other age group, school-aged children having the highest STH prevalence and heavy-intensity(4).

IPIs constitute to be one of the top ten major public health problems in developing countries primarily affecting school children (1)

Ethiopia 81 million people live in endemic areas, of which 25.3 million are school-age children (SAC) .Parasitic infections are more prevalent in populations with low-household income, poor practices of personal hygiene and environmental sanitation, over-crowded living conditions and limited access to safe water supply.

IPI's affect the physical and mental wellbeing of school children thereby leading to increased absenteeism, retarded cognitive development and thus learning disabilities. In spite of the increased public health importance of parasitic infections, but it was focused mainly on chemotherapy as a means of control while the study of social, cultural and economic factors underlying infection risk has been relatively neglected(5).

#### **1.2 Statement of the problem**

Intestinal parasitic infection (IPIs) caused by pathogenic helminthes and protozoan's species are endemic throughout the world. Globally, about 3.5 billion and over 450 million people are affected and ill with parasitic infections, respectively(1). Among the leading cause it is estimated that Ascarislumburicoides, hookworm and Trichuristrichiura infect 1.5 billion, 1.3 billion and 1.1 billion people worldwide, respectively, while schistosomiasis affects over 200 million people. (Entamoebahistolytic a and Giardia lambilia are also estimated to infect about 60 million and 200 million people worldwide, respectively (6).

There are a number of reports on protozoan and helminthes infections in different African countries it is clear that unsanitary conditions, unclean water utilization and low health education service recommending African

IPIs constitute to be one of the top ten major public health problems in developing countries primarily affecting school children(1)

In Ethiopia 81 million people live in endemic areas, of which 25.3 million are school-age, children (SAC) )(8). According to the Ethiopian Demography and Health Survey report of the year 2016, 97 and 57% of urban and rural households have access to an improved source of drinking water respectively. Only 60% of households had hand washing facility at home. One in three households has no toilet facility (39% in rural areas and 7% in urban areas, 56% of the rural households use unimproved toilet facilities. One in every three households in the country has no toilet facility(9).

The overall prevalence of IP in in Gob GobNorthwest Ethiopia (30.8%) was lower than results reported from Northern Gondar (79.8%) (14), Northwest Ethiopia (62.3%) and Southern Ethiopia (85.1%) (6).

In Amhara Region the prevalence of intestinal parasites Jawi town the overall prevalence of intestinal parasites 57.88% were positive for one or more intestinal parasites(1).

In Ethiopia main strategies are mass drug administration, case detection and transmission control. Information on the prevalence and distributions is incomplete and not updated periodically. There is lack of information on the prevalence of intestinal parasite and associated factors of their children on prevention and control in the present study area. Intestinal parasitic infections like Entamoeba histolytic a, Giardia lambilia, Ascharis lumburicoides, Hookworm, Trichuris Trichuris and Sistosoma mansoni are identified as causes of morbidity and mortality throughout the world particularly in developing countries including Ethiopia. They are more prevalent throughout the Amhara region, especially among poor communities. Records show that increasing trends of intestinal parasite infections in developing countries. A high prevalence of intestinal parasite infections in human are positively correlated with poverty and poor personal hygiene, lack of safe water supply and contamination of the environment by human excreta and animal wastes.

### **1.3 Significance of the study**

The results of the study were used for school children from grade 1-8 in Guangua woreda. Secondly, including for policy makers, health workers, teachers and management of education and health office. Third the results of the study wereused, for an input for local governmentor Guangua woreda. Finally the result also used for different NGOs implementing Guangua woreda intervention and baseline for researchers

#### **2 .LITERATURE REVEIW**

#### 2.1 Prevalence of intestinal parasitic infections

The study conducted in Colombia among rural school children is revealed that the frequency of intestinal parasite infection was 100%. Endolimax nana (77.35%), Blastocystis sp. (71.1%), Giardia intestinal is (39.1%), Entamoeba coli (25.7%), and the Entamoebahistolytic a/dispar/moshkovskii complex (9.2%) were the most prevalent protozoa. Trichuristrichiura was the most prevalent helminthes (12.3%), followed by Enterobiusvermicular is (6.15%) and Ascarislumburicoides (5.1%)(11).

The study conducted in Kathmandu, Nepal the overall prevalence of intestinal parasites 12.4% (24/194) school children were infected with intestinal parasites where female were highly infected (70.8%) of the age group 9-11 years (58.3%). The most common protozoan and helminthes parasite detected in this study was E. histolytic a (33.3%, 8/24) and Taenia spp. (16.7%, 4/24) respectively(12).

A similarcross-sectional study conducted in Southern Iran showed that the overall prevalence of intestinal parasitic infection (6.5%). Prevalence of protozoan infections (6.2%) was significantly higher than helminthes infections (0.3%). The most common protozoan species were Giardia lambilia (2.9%) and Blastocystishominess (n 2.1%). Only two cases of Hymenolepis nana and two cases of Enterobiusvermicular were detected (2)

The other study conducted in Uzo-uwani Local Govern Area (L.G.A) of Enugu State, Nigeria, the prevalence of intestinal parasite 52.5% were infected with different intestinal parasites .The parasites found were Hookworm, A.lumburicoides, T.trichuria, E. histolytic and G.lamblia with prevalence of (14.0%), (14.0%), (11.5%), (10.5%), and (8.5%) respectively. Hookworm and A. lumburicoides had highest prevalence (14.0%) while G.lamblia had lowest (8.5%)(13). The other similar study conducted in Nigeria the overall prevalence was 86.2% in school children. Intestinal parasitic infection shows that the highest to the lowest prevalence 62%,25%,12.3%11.8%,9.9%8.4% and 0.5% found in Ascarislumburicoides,Entamoeba histolytic a,GiardiaDuodinalis,Endolimax,Entamoebacoli,TrichurisTrichiura Blastocytis haminis and Hook worm infection respectively(14).

The other study conducted in A Rural Area at Beheira Governorate, Egypt revealed that the overall prevalence of parasitic infection among primary school children reached 38.3% (27.8% in males and 10.5% in females) with a prevalence rate of (22.5%), (12.8%) and (3%) for helminthes, protozoa and mixed infections respectively. The identified parasites were E. vermicular is (11.8%), H. nana (7.2%), G. lambilia (6.8%), E. histolytic a/dispar (6%), S. mansoni (1.7%), A. lumburicoides (1.2%), T. trichiura (0.3%) and S. haematobium (0.3%) while, mixed infection reached (3%)(5).

The study conducted in Berber locality, River Nile State, Sudan 2017, revealed that, Out of 100 students examined 87.2% had infection with intestinal parasites(15).

The other similar study conducted in AlhagYousif Area, Khartoum, Sudan Results shows that, (84%) stool samples were positive by the Formol-Ether Concentration technique. While (65%) were positive by the direct saline stool preparation. Intestinal parasites were more prevalent among the male students (80%) than the females (60%). Furthermore, they were more prevalent among the age group 5 to 7 years old (5%)(16)

The other cross sectional study conducted in Birbir town, Southern Ethiopia result shows that (27.1%) of them were tested positive for intestinal parasites. Helminthes and protozoa account 21.1% and 7.1% prevalence's respectively.

Seventy eight children were infected with a single parasite species while 17 were positive for double or triple infections. Ascaris lumburicoides (31, 8.8%) was the most frequently detected parasite followed by Trichuris trichiura (20, 5.7%) and hookworms(8)

The other similar study conducted in Gurage Zone, South Ethiopia revealed that the overall prevalence of intestinal parasitoids was (42.1%). Protozoa infections (59.5%) were more prevalent than soil-transmitted helminthes (STHs) infections (40.5%). The predominant parasites were Giardia lambilia (47.7%) followed by A. lumburicoides (18.9%), and E.histolytica/dispar (11.8%)(7, 17).

The study conducted in Tigray, Northern Ethiopia revealed that, the overall prevalence rate for intestinal parasites was 26.53%, where as for S. mansoni infection it was only 5.95%. A total of eight species of helminthes parasites were identified; the highest being Ascarislumburicoides (10.45%) followed by Enterobius vermicular is (8.52%)(18).

The other similar study conducted in Addiremets town, Western Tigray, Ethiopia revealed that the overall intestinal parasite prevalence was 51.3% (211/411). The most prevalent parasites were S. mansoni 26.3 % and Hookworm 23.1%. The prevalence of intestinal parasites among males and females were 54.1% and 47.3% respectively(19).

The study conducted in Delo-mena District, South Eastern Ethiopia revealed that an overall IPIs prevalence of 26.6% was found. The prevalence of S. mansoni, E. histolytic a/dispar, H. nana, A. lumburicoides, G. lambilia, T. trichiura, S. stercolaris, E. vermicular is, Hookworms and Taeniaspp were 9.6%, 7.7%, 5.3%, 3.7%, 2.0%, 1.6%, 1.4%, 1.2%, 0.8% and 0.2% respectively(20).hh

The community based cross-sectional study conducted in Gob Gob Rural School Children, Northwest Ethiopia, among school children, (30.8%) were infected with at least one parasite species. The predominant species identified were A. lumburicoides 28(33.3%), H. nana 12(14%), E. histolytic a/dispar 11(13%), G. lambilia 9(11%), hookworms 7(8.3%), Taeniaspp 6(7%), E. vermicular is 6(7%), T. Trichuris 4(4.8%) and S. stericoralis 1(1.2%)(1).

The Institution based cross sectional study was conducted in Debre- Elias Woreda primary school children East Gojjam Zone, Amhara Region, Northwest Ethiopia revealed that the overall intestinal parasite in the present study was (84.3%). The most prevalent intestinal parasite was Hookworm (71.2%), Entamoeba histolytic/dispar (6.7%) and Strongloidesstercolaris 13 (2.4%)(21).

School based cross-sectional study was conducted among students at Dona Berber primary school, Bahir Dar, Ethiopia, among the school children participated in the study, 65.5% were infected by one or more intestinal parasites. The rates of single and double parasitic infections among students were 49.6% and 16.2%, respectively. The most prevalent parasite detected in the study was E. histolytic a/dispar (24.5%) followed by hookworm (22.8%)(7).

A cross-sectional study conducted in Northwest Ethiopia revealed that among school children examined for IPIs, 57.88% were positive for one or more intestinal parasites. Single, double and triple infections were 41.9, 6.2 and 1.2%, respectively. Prevalence of Giardia lambilia was the highest (19.95%), followed by hookworm (13.8%), Schist soma mansoni (10.3%), Entamoeba histolytic a/dispar (5.9%), Hymenolepsis nana (4.2%), Taenia species (3%) and Ascarislumburicoides (0.73%),(1)

#### 2.2 Associated factors of intestinal parasitic infection

#### 2.2.1Socio - demographic characteristics

Different factors were associated with the occurance of intestinal parasitic infection among school age children's,Socio-demographyic characteristics like, Gender ,school location ,grade and residents(7)and educational level for care giver and family size is the factors of IPIs(6). The study conducted in Colombia revealed that, the lifestyle conditions of the children's families, students who lived in crowded homes (six or more members in a single household) were significantly more likely to be infected with PP(11).

The other study conducted in southern Iran show that The parasitic infections were higher among the children whose parent's education was less than high school diploma and there was also a significant association between the parents' jobs and the intensity of parasitic infection(2).

The other similar study conducted in AlhagYousif Area, Khartoum, Sudan revealed that Intestinal parasites were more prevalent among the male students (80%) than the females (60%). Furthermore, they were more prevalent among the age group 5 to 7 years old (5%). The study concludes that intestinal parasites were more prevalent among the male students and among the age group 5 to 7 years old(16).

The study conduct in Addiremets town, Western Tigray, Ethiopia show that Intestinal parasitic infection was significantly associated with age groups of 5–9 years, 10–14 years and 15–19 years(19).

The other cross-sectional study conducted in Rural School Children, Northwest Ethiopia shows that, the higher proportion of intestinal parasitic infection was recorded for boys (38.9%), the age group 6 - 10 years (38.9%)(6) and the study conducted in Jawi town Northwest Ethiopia) revealed that overall infection rate was slightly higher in males (51.85%) than in females (45.30%) so age were found to be the most important predictors associated with high risk of IPIs (1).

#### 2.2.2 Environmental factors

#### 2.2.2.1 Water supply

The cross-sectional study conducted in Colombia showed that consumption of untreated water increased the risk of acquiring PP (11).

The other study conducted in rural KwaZulu-Natal, South Africa: shows that caregivers' habit of bathing children in river water and source of domestic water supply were significantly associated with Schistosoma infection(22).

The cross-sectional study conducted in Addiremets town, Western Tigray, Ethiopia revealed that, individuals who swim three or more times a week had a higher rate of infection than who swim once a week (19).

A study conducted in Jawi town revealed that who had frequent water contact habit (swimming, crossing river, bathing and washing clothes in rivers), significantly associated with schistosomiasis(1).

#### 2.2.2.2 Sanitation facilities

Another study conducted in Jawi town revealed that open field defecation is statically significance with the transmission of intestinal parasitic infection (1)

A study conducted in Northwest Ethiopia shows that availability of toilet is statically significance in the transmission of IPIs(6).

#### 2.2.2.3 Child behavioral factors

A study conducted in South Iran revealed that the most prevalent intestinal parasite was G. lambilia; therefore, it is recommended that more emphasis is applied to controlling and preventing this parasitic infection by washing hands, particularly before each meal(2)

The other cross-sectional study conducted in Kathmandu, Nepal revealed that the children who don't wash hands with soap before meal (87.5%) and not taking anti helminthes drugs (95.8%) were more infected with parasitic infection. Further, children using direct tap water (45.9%) for drinking purpose were highly infected with parasitic infection(12).

The other study conducted in Gob Gob primary school South West Ethiopia ,shows that School children who washed their hands only occasionally prior to meal were also more affected by IPs than their counter parts (8).

The other study conducted inAddiremets town, Western Tigray, Ethiopia revealed that, individuals who wore open shoes had a higher rate of infection than who wore closed shoes. Similarly, individuals who swim three or more times a week had a higher rate of infection than who swim once a week (19).

A cross-sectional study conducted in Debr-elias primary school, Northwest Ethiopia revealed that the first most important significant associated factor with the occurrence of intestinal parasitic infection was shoe wear during interview. Those school children who do not wear shoe during interview had 1.38 times more likely to be exposed to parasitic infection than those school children who wore shoe(21).

A similar cross-sectional study conducted in Jawi primary school revealed that, among the risk factors assessed, hand washing habit before meals, open field defecation habit, consistency of wearing shoes, habit of eating raw and unwashed vegetables, and finger nail cleanliness and trimming habit were found to be the most important predictors associated with high risk of IPIs (1)





# 3. Objectives

#### 3.1. General Objectives

To assess the prevalence of intestinal parasitic infection and associated factors among primary school children in Guanguaworeda, Northwest Ethiopia, 2020.

#### **3.2 Specific Objectives**

1. To determine the prevalence of intestinal parasitic infection among primary school children Guanguaworeda, north West Ethiopia.

2. To identify the associated factors of intestinal parasitic infection among schoolchildren in Guanguaworeda, Northwest Ethiopia.

#### 4. METHODS

#### 4.1 Study Designed

School based cross-sectionalstudy design was conducted among Guanguaworeda primary schools children (from grade 1-8) from February 01/2020 to March 01/ 2020.

#### 4.2 Study area.

GuanguaWoreda is one of the 106 woreda of Amhara regional state and found in zone Awi. The area is located 505 km Northwest of Addis Ababa the capital of Ethiopia. The district has been divided in to 20 rural and 2 urban 'kebeles'.The total number of primary schools is 12 and the total number of students is 3690.The woreda is bordered by Dangelaworeda in the North, Zigemworeda in the south, BenishangulGumuz in the west and Ankeshaworeda in the east. The total human population of the district was 141,543 and 32,916households in 2020. The altitude of the district ranged between 1850 and 2200 m above sea level. Mean annual precipitation was 1550 mm with mean maximum and minimum temperatures of 27°C and 22 °C.



Source-shape files of Ethiopia after July 2003

Figure 2:-. The map shows the study area of the Guanguaworeda, North West Ethiopia, 2020

#### **4.3** Population

#### **4.3.1 Source Population**

The source population was all school children enrolled in Guangua primary school (from grades 1-8)the last six months in Guanguaworeda.

#### **4.3.2 Study Population**

The study population wasall school children enrolled in Guangua Primary School (from grades 1 to 8) found in the three randomly selected primary schools.

#### 4.3.3 Study units

The study units were all systematically selected school children in each primary school.

#### 4.3.4 Eligibility criteria

#### 4.3.4.1 Inclusions criteria

✓ School Children is whose grade 1-8 enrolled in Guanguaworeda was included during the study period.

#### **4.3.4.2.** Exclusions criteria

✓ School Children who are coming or living from other woreda and school children who are started antibiotic drugs and also completed treatment before three days were excluded from the study.

#### 4.4 Study Variables

#### **4.4.1 Dependent Variables**

✓ Prevalence of Intestinal Parasitic infection(IPIs)

#### 4.4.2. Independent Variables'

- ✓ Socio-demographic characteristics sex of child, age of child, occupation, residence, educational status, religion, marital status, level of education of mothers and fathers, and number of school children's..
- ✓ Environmental factors type of latrine, availability of latrine, , open defecation, source of water, waste disposal sites, availability of live stock and live stock in the house.
- ✓ Behavioral factors critical time of hand washing, habits of shoe wearing, using soap for hand washing, habits of swimming, habits of washing clothes in the rivers, habits of nail trimming, and habits of eating raw vegetables.

Deworming supplementation:-Mass drug treatment like:-frequency of albendazole or mebendazole received dose, preventive chemotherapy and health education.

#### 4.5 Operational definition

Parasites:-aredefined as organisms that get food and shelter from other organisms or the host and often harm it. For a parasitic have to be outlined as intestinal life cycle stage

- IPIs –is defined when a person have positive at least by one parasites among for the purpose of study intestinal parasites mentioned below
- IPIs:-for the purpose of this study the following most common helminthes and protozoan's will be included:-
- ✓ Ascaris lumburicoides
- ✓ Hookworm
- ✓ Trichuris Trichiura
- ✓ Schistosoma mansoni
- ✓ Entamoeba histolytic a and
- ✓ Giardia lambilia

**Preventive chemotherapy** (PC):- use of anti- helminthes by six month interval to prevent helminthes infection, the most recommended for IPIs prevention.

School children:-children's from grade 1-8 who may be enrolled in school.

**Improved sanitation facilities**: -is a latrine have washable floor, hand washing facility at school.

**Open defecation:-**implies halting incidents where excreta of school children's are deposited directly by layer of earth in the bush afield River Sea.

**Hand washing practice:-**is school children have a practice of hand washing with water, and soap/ash at least one times within at critical times at school or HHs.

**Latrine utilization**:-school children are using latrines by either shared or private functional latrines disposed the faces of school children in a latrine at school or HHs,

- $\checkmark$  no observable faces in the compound,
- $\checkmark$  no observable fresh faces on the inner side of the squatting hole and
- ✓ the presence of clear foot-path to the latrine is uncovered with grasses or other barriers of walking

**Availability of latrine:** - school children does have either shared or private functional latrines at schools or HHs.

**Private latrine:-**are school children's had an individual functional latrines at household latrines.

**Shared latrine**:-is school children had grouped or public functional latrines at schools or house hold level.

**Raw Vegetables eating:** -school children eating vegetables like, tomato, peppers, mush room etc, without properly washing or without cooking. .

**School solid wastes**: Wastes generated by the school community such as pieces of paper, plastics, rags, dirt, dust and litters.

**School waste disposal systems**: -Solid wastes stored in a dust bin and disposed to refuse pit at school.

Habits of shoe wearing :-school children had a habits of shoe wearing( Always ,implies wearing shoe at least four times a week and **sometimes** ,implies wearing shoe one times a week).

**Habits of swimming**:-is school children had a habits of swimming in river, lake, or pond at least one times a week.

Habits of eating soil:-are school children having play by eating soil.

Habits of taking shower:-school children's have taking shower at least two times a week.

**Plain water:** - clean water either from the source of tape water or hand dug well for the purpose of hand washing of school children.

#### 4.6 Sample size determination

The sample size was determined using single population proportion estimate formula

(Z2 p (1-p)/d2)

n = Z2 P (1-P)/d2 Where:

n= sample required

Z= 95% confidence interval (1.96) d= margin of error (5%) P= prevalence rate

Since the prevalence rate (p) of intestinal parasitic infection in Debre Elias primary schools was reported as 84.3% (27) prevalence rate was taken to be 84.3%%.For the calculation, 95% confidence level (z) and 5% sampling error (d), design effect of (1.5) was used because during multistage sampling at each stage they have errors so to minimize sampling error was taken design effect. Therefore, the final sample size was six hundred eight (608) school children were included with 10% none response rate.

Facto rs	Assumptions	Sample size	10% Non respo n	To tal	Ref
Dirty things infing er	AOR-1.89 CI-95% prev-56.7%, ratio=1:1	Expo=1 Non exp=1	37	36 8	Sitotaw et,al
Unabl e to wear shows	AOR 1.88,CI P- 95%,prev =43.85	Expos=1 Non expo =1	34	34 4	Tilahun ,et,al,20 14
Swim ming in the river or pond	AOR=1.99,95%,29 %	Expo=1 Unexpo= 1	31	31 4	Tilahun ,et al

NB = so we taken the first large factors 405 times with a design effect 1.So 608 the total sample size was used.

#### 4.7 Sampling methods and Procedures

Multi-stage sampling was used and total of 608 school childrenwere selected from the three representative primary schools (Mentaweha, Yechereka, andSigadi) in the woredawere selected randomly and multi-stage sampling technique was used.

#### **First Stage**

Three out of the twelve primary school in Guanguaworeda primary school were selected by simple random sampling.

#### Second Stage

The total sample size (n=608) was allocated to the three selected schools proportionately. Study participants from each school wasallocated to grade 1-8 proportionately

A study participant of grade 1-8 of each school was allocated to their sections proportionately.

#### Third Stage

Using name of list of students each sections as sample frame, every fourth students were selected by systematic random sampling method and the first student were selected by lottery method and students was call for interview from their class. A student who is absent during the data collection period were replaced by others.



Figure 3:-- Schematic presentation of sampling procedure among school children in Guangua woreda, North West, Ethiopia, 2020

#### **4.8 Data collection tools and Procedures**

School based cross-sectional data was conducted and data about the socio demographic characteristics, environmental factors and child behavioral associated factors were collected using a semi structured based questionnaire. The questionnaire was developed in English then translated in to Amharic (local language) then back to English to check consistency and data quality control

The questionnaire consisted of five domains includes questionnaires about sociodemographic characteristics, environmental factors, child's behavioral factors, Interventions for prevention and control of IPIs and knowledge about IPIs .School survey data were collected from February to March 2020. Four public health officers was administered the survey by face to face interviewing primary school children's using a pretested structured questionnaire, Two laboratory technologists was collected the stool sample following the procedure. The supervision was performed by the supervisors. The interviewers also inspected whether they wore shoe or not.

Explaining the procedures to primary school children's are requested to provide stool samples into a tight fitting lid plastic cup. In cases where the stool is not available immediately, arrangements are made to pick the stool sample at an agreed time. Approximately 2 gram of stool specimen wascollected using clean, tightly corked, leak proof containers.

All stool specimens are properly labeled with the participant's identification number, age, sex and date of collection. Then stool samples was emulsified with, 10% formal-saline solution, then filtered through gauze into a centrifuge tube and add 3mL of ether finally add iodine and observe or examine by using direct microscopic method with Olympus (10x with 0.25 magnification power) microscopy. Formal-ether concentration method was used as the preservation of STHs parasites(21, 27).

#### **4.9 Data quality control**

To assure the reliability of data collected in the study the questionnaire was prepared in English and translated to the local language (Amharic) and retranslated to English to assure consistency. Training was given for both data collectors and supervisors on the purpose of the study, data collection technique and tool by the principal investigator for three days. Then, after providing the training, and before the questionnaire was used in the actual data collection it was pretested on 5% of the samplesize in Guanguaworeda primary schooltocheck the quality of the questionnaire and the instrument prior to the actual data collection. Amendment of the questionnaires was done based on the findings of the pre-test, if necessary. The pre-test was conducted by the data collectors in order to improve their data collection during the actual data collection. Every day after data collection, questionnaires were reviewed by principal investigator for ensuring completeness of questions. In addition to the above, data will recheck during data entry into the computer software before analysis, to prevent missing of important data.

Oncedata was entered. First, if data are in spreadsheets or databases are sure they line up in their proper columns. Also it waschecked for any missing value. Stool sample collection and investigation was made according to a standard procedure according to annex 9.3 without any delay for more than 30 min after collection of the samples. Microscopic reading was made by two laboratory technologists and results were confirmed by a senior technologist.

#### 4.10 Limitation of the study

The study was limited only students in Guangua woreda primary school. Included schools outside the woreda would have been better to get a bigger picture of the prevalence of IPIs in the area .The study was also limited to the presence or absence of infections without quantifying the parasite load , which may not show that the infected students were diseased.

#### 4.11 Data processing and analysis

Data was entered in to Epi data version 3.5.1 and exported in to SPSS version 25 for analysis. The collected data was analyzed using SPSS program version 23.0. Descriptive (frequency distribution tables, mean and standard deviation) 0.2 for Bivariate and less than 0.05 multivariate logistic regression was used to assess the association between the dependent variables and independent variables and odds ratio was used to assess the strength of association. Multicollinearitydiagnoses were carried out using the correlation matrix method and Model fitnesswere checked using Hosmerlemeshow test with p-value >0.05.

#### 4.12 Dissemination of findings

The finding of the result will be disseminated to the relevant organization that can make use of the findings, including regional health beauro and educational beauro, local health and educational office and nongovernmental organization. The result also submitted to Bahirdar University School of public health through four hard copy and soft copy presentation. The findings will be also presented in different seminars, workshops and scientific conferences and finally it will be published to be accessible for scientific communities in general.

#### 5. Ethical Consideration

Letter of ethical approval was obtained from the Institutional Review Board (IRB) of Bahirdar University, College of Medicine and Health Sciences. Communication with theGuanguaWoredahealth office was made through formal letter obtained from Bahirdar University. After the purpose and objective of the study were informed, verbal consent was obtained from each study participants and written ascent was obtained from each Participant parents or Guardians. In order to keep confidentiality of any information provided by study participants, the data collection procedure were anonymous. Study participants who were positive for intestinal parasitic infection was treated with appropriate treatment protocol for school children from grade 1-8by albendazole, mebendazoleandpraziquantine byHews if not referred to the nearest health facility.

#### **6.** Results

#### 6.1 Socio-demographic characteristics of participants

Of the total expected 608, 551 were participated in the study making the response rate of 90.6%. The mean age of the respondents was 11.9 with a standard deviation  $\pm 2.2$ . From the total 551 study participants, 264(47.9%) were males and 287(52.1%) females.

From the study participants were, grade 1-4 and 5-8, 299(54.3%) and 252(45.7%) respectively .Regarding to their mother educational status 283 (51.4%) of the study participants were can't read and write, 218 (39.6%) can read and write and 50(9.1%) were formal education.

The residence of the study participants were, 256 (46.5%) and 295 (53.5%) of study participant were, urban and rural dwellers respectively. Regarding to Fathers marital status of the study participants 13 (2.4%) single, 482 (87.5) married, 46 (8.3%) divorced and 10(1.8%) of study participants were widowed (see Table 1).

Characteristics	Category	Frequency	Percentage
Age	5-8.	79	14.3
	9-14.	399	72.4
	≥15	73	13.3
Sex	Male	264	47.9
	Female	28	52.1
Grade	1-4.	299	54.3
	5-8.	252	45.7
Family size	2 families	3	0.5
	3 families	25	4.6
	4 families	135	24.5
	$\geq$ 5 families	388	70.4
Mothers education	Can't read and write	283	51.4
	Can read and write	218	39.6
	Formal education	50	9.1
Fathers education	Can't read and write	194	35.2
	Can read and write	240	43.6
	Formal education	117	21.2
Mothers occupation	House wifes	130	23.6
	Farmers	269	48.8
	Merchants	125	22.7
	Government workers	27	4.9
Residence	Urban	256	46.5
	Rural	295	53.5

Table 1, Socio-demographic characteristics among primary school children in Guangua woreda, North West Ethiopia, 2020 (n=551).

[Family size category source, Sitotaw et al, 2019]

#### **6.2 Environmental factors**

The availability of latrine at school in the study area were, 551 (100%) have latrine.. Concerning the typeof latrine at school were, all of the study participants were used shared latrine. The availability of latrine at household in the study area were, 335 (60.8%) and 110 (20%) of households were did have private and shared latrine respectively. The rest of households from the study participant didn't have latrine.

Concerning the availability of hand washing facility at school were, 22(4%) and 529(96%) of the study participants, had hand washing facility and had not hand washing facility respectively. The availability of hand washing facility at household, 205(37.2%) and 346 (62.8%) of the study participantswere, had, and had not hand washing facility respectively. Two hundred ninety one school children's have gotten water from hand dug well at school and two hundred twenty four school children among the study participants have gotten water from pipe water source at house hold(see table 2).

Characteristics	Category	Frequency	Percentage
Availability of latrine at school	Yes	551	100
	No	0	0
	Shared	551	100
Availability of latrine at HHs	Yes	445	80.8
	No	106	19.2
Type of latrine use at HHs	Private	335	60.8
	Shared	110	20
	Open defecation	106	19.2
Availability of hand washing	open derecution	100	17.2
facility near school.	Yes	22	4
	No	529	96
Methods of waste disposal systems	Public bin	214	38.8
	On the road/street	242	43.9
	Collecting truck	83	15.1
	Others	12	2.2
Presence of feces within the school			
compound.	Yes	153	27.8
	No	398	72.2
Source of water at school	Pipe water	247	44.8
	Protected spring	8	1.5
	Hand dug well	291	52.8
	Unprotected		
	spring	5	0.9
~	Others	0	0
Source of water at school	Pipe water	224	40.7
	Protected spring	43	7.8
	Hand dug well	159	28.8
	Unprotected	104	10.0
	spring	104	18.9
	Others	21	3.8

Table2. Environmental factors among school children of Guangua woreda primary schools, North West Ethiopia, 2020.

#### **6.3Child behavioral or Hygiene practice factors**

Of the total study participants almost, hundred percent of school children of the study participants were implement at least one times from the critical times had hand washing practice. Of the total 535 (97.1%) of the study participants had a habit of shoe wearing and the rest of the study participants had not a habit of shoe wearing.

From the total of 551 participants, 391 (71%), 160 (29%) of the study participants had, and had not, a habit of finger nail trimming respectively. Among the total participants, 148 (26.9%) and 403 (73.1%) of school children had and had not a habit of swimming respectively.

Characteristics	Category	Frequency	Percent
Hand washing practice	Yes	551	100
	No	0	0
Hand washing practice at critical times	Before preparing or cooking	91	16.5
	food		
	After visiting a toilet	267	48.5
	After any waste contact	143	26
	Before any child contact	21	3.8
	Before child feeding	11	2
	Others	18	3.3
What use for hand washing	Plain water	146	26.5
	Clean water and soap	361	65.5
	Others	44	8
Habits of taking shower	Yes	551	100
	No	0	0
Frequency of using shower in a week	Once a week	121	22
	Two times a week	316	57.4
	More than two times a week	106	19.2
	Not washing in a week	3	0.5
	Other	5	0.9
Habits of shoe wear	Yes	535	97.1
	No	16	2.9
Time to wear shoe	Always	368	66.8
	During market day	98	17.8
	Sometimes	50	9.1
	Others	19	3.4
Habits of eating soil	Yes	60	10.9
-	No	491	89.1
Habits of finger nail trimming	Yes	391	71
	No	160	29
Habits of swimming	Yes	148	26.9
-	No	403	73.1

# Table.3.Children Hygiene practice or behavioral factors of school children amongGuangua woreda primary school, North West Ethiopia, 2020.

#### 6.4 Intervention Measures about IPIs

From the total of school children, 548 (99.5%) of study participants have availed deworming supplementation program at schools. within six month intervals. The rest of study participants had not availeddewarming supplementation program atschool (see table 3).

Characteristics	Category	Frequency	Percentage
Deworming supplementation status within six month			
interval.	Yes	548	99.5
	No	3	0.5
Frequency of deworming supplementation in a			
year at school	One times	121	48.8
	Two times	316	7.8
	Three times	106	38.5
	Four and more		
	times	3	3.4
	Others	5	1.5

Table.4. Intervention Measures of IPIs among school children of Guangua woreda primary school, North West Ethiopia, 2020.

# 6.5 Prevalence of intestinal parasitic infections among the study participants

Of the 551 students who were examined for IPIs, 309 (56.1%) were positive for one or more intestinal parasites. Prevalence of Ascaris lumburicoides was the highest 110 (20%), followed by Entamoeba histolytic a 77(14%), Giardia lambilia 55 (10%), Trichuris trichiura 30 (5.4%),Hookworm 28 (5.1%) and Schistosoma mansoni 9(1.6%) in that order (Table7). Single, double and triple infections were identified at the rate of 48.8%, 5.5% and 1.8%, respectively. The overall prevalence of intestinal parasitic infection in Guangua woreda was 309 (56.1%).

Table.5.	Prevalence	of intestinal	parasitic	infections	among	school	children	in
Guangua	a woreda pri	mary school, N	North, Wes	st, Ethiopia	, 2020.			

Types of parasites	Frequency	Percentage
Ascariasis	110	20%
Entamoeba histolytic a	77	14%
Giardiasis	55	10%
Trichuriasis	30	5.40%
Hookworm	28	5.10%
Schistosoma mansoni	9	1.60%
Total	309	56.10%



# Figure 4 Prevalence of Intestinal parasitic infections among school children in Guangua woreda, North West Ethiopia, 2020.

#### 6.6 Factors associated with intestinal parasitic infections

During bivariable logistic regressions: age, grade, sex, mothers education, residence, nail trimming, shoe wear and habits of swimming were candidate (P<0.25) for multivariable analysis among school children.

Whereas the multivariable analysis revealed:grade habits of swimming,nail trimming and habits of shoe wear are significantly associated factors of intestinal parasitic infections.

# Table.6Multivariate logistic regression analysis of potential risk factors associated with IPIs among school children at Guangua woreda primary school in Guangua, Ethiopia, 2020.

Characteristics	Category	Intestinal par	rasites	COR (CI 95%)	AOR (CI95%) ≠
		Positives	Negatives	_	
Age	5 –8 yrs.	57(10.3%)	22(4%)		1
	9 -14 yrs.	227(41.2%)	172(31.2%)	0.509(0.300, 0.866)	1.65(0.646,4.218)
	$\geq$ 15 yrs	25(4.5%)	48(8.7%)	2.534(1.503,4.273)	1.588(0.813,3.102)
Residence	Urban	128(23.2)	128(23.2)		1
	Rural	181(32.8)	114 (20.7)	1.588(1.131, 2.229)	1.160(0.736, 1.828)
Sex	Male	159(28.9%)	105(19.1%)		1
	Female	150(27.2%)	137(24.9%)	0.723(0.516,1.014)	1.485(0.971,2.271)
Mother educationa	al status				
	Can't read and				
	write	171(31%)	112(20.3)		1
	Can read and			0.667(0.467, 0.953)	
	write	110(20%)	108(19.6)		0.966(0.448,2.084)
	Formal education	28(5.1%)	22(4%)	0.834(0.454, 1.530)	0.858(0.390,1.885)
Swimming					
habits	Yes	128(23.2%)	20(3.6%)		1
	No	181(32.8%)	222(40.3%)	7.85(4.711, 13,079)	0.189(0.105,0.340)**
Nail trimming	Yes	169(30.7%)	222(40.3%)		1
	No	140(25.4%)	20(3.6%)	0.109(0.065, 0.181)	7.195(4.05,12.779)**
Shoe wear	Yes	295(53.5%)	240(43.6%)		1
	No	14(2.5%)	2(0.4%)	0.176(0.040,0.780)	6.149(1.131,33.43)*

Note: 1=reference value, \*=statistically significant at p<0.05, \*= p < 0.05, \*\*= p < 0.01, \*\*\* =p < 0.001, #= adjusted, AOR=adjusted odds ratio (multivariate regression model).

#### 7. Discussion

Epidemiological studies on the prevalence of intestinal parasitic infections and predisposing risk factors among school children are essential to design appropriate strategies. The present studies were therefore aim to assess the prevalence of intestinal parasitic infection and associated factors among school children in Guangua woreda primary school ,North West ,Ethiopia. The overall prevalence of intestinal parasitic infections in present studies was 56.1%. This was relatively higher than the study done among school children in Gob Gob lay Gaynet woreda which was 30.8% (1) .And, it was lower than a previous study done in Kartthom Sudan school children that indicate 84 %(16). Higher prevalence rates of intestinal parasitic infections have also been reported from other developing nations including in Engu state Nigeria 52.5%(13) , Egypt 38.3%(5) ,Karthom Sudan 84% (16) and even 100% of prevalence was reported on Colombia (11) showing that IPIs are still big threats to poor society.

The present studies was the most predominant IPIs were Ascaris Lumburicoides, 110(20%) followed by Entamoeba histolytic a 77(14%) and Giardia lambilia 55(10%). These finding were similar to the study done in Meska destrict Gurage zone with a prevalence of 18.9% A .lumburicoides(17) , in Gob Gob Laygaynet woreda reported with a prevalence of 13% Entamoeba histolytic a and 11% of Giardia lambilia (1) . The inconsistency in prevalence of intestinal parasitic infection among different studies might happen due to sample size determination, methods employed and geographical and / or economical / social differences in the study participants.

Ascaris lumburicoides being the most prominent parasites 20% in our study .this with consistent with the previous studies in other parts of South Ethiopia, Gurage zone Meska Destrict, 18.9% (17). These was relatively higher than the study donein Donaber school children Bahirdar town which was 13.6% (7) and in Engu state Nigeria 14 %(13). And, it was lower than the study done in Berber town South West Ethiopia(31.8%)(8)and in Nigeria 62%(14)The possible reasons for high prevalence of Ascaris could be their

embryonated eggs that have an enormous capacity to withstand environmental extremes. Furthermore, the eggs are coated with a mucopolysacharide that renders them adhesive to a variety of surfaces, like vegetables, fruits, door handles, and money.And, the distribution is affected by altitude, being more common in higher and more humid than lower and dry areas. It is mostly associated with poverty, illiteracy, crowding, poor sanitation and personal hygiene (1).

The second predominant IPIs was Entamoeba histolytic a 14 %, this with consistent with the previous studies in other parts of North West Ethiopia, Gob Gob rural school ,13%(1) and in Nigeria 11.5% (13). These finding was relatively higher than the study done in Jawi town which was 5.9%(1).And, it was relatively lower than the study done in Donaber school children Bahirdar town which was 24.5% (7) and in Nigeria 25% (14) .The higher rate of infection of Entamoeba histolytic a may be due to the presence of farming land contaminated with fecal matters resulted due to open defecation, lack of awareness and use of contaminated water.

Low socio economic status ,low family educational level ,individual behavioral and personal conditions of the participants, the level of environmental sanitation ,source of drinking water and low personal hygiene are widely recognized risk factors accountable for elevated prevalence of IPIs among communities in poor societies. In this study sex was not found to be associated with the rate of IPIs (p>0.005)(see Table-). Similar observations were reported by previous studies in Jawi (North West Ethiopia) and in Addiremets town, (Western Tigray Ethiopia)(1,19) though there is much evidence supported that males are more exposed to IPIs than females (5,16,19) mainly related to differences in gender role. This is obliviously related to their behavioral activities such as playing in contaminated soil and water, and level of awareness of the transmission of intestinal parasitic infections.

In the attempt to identify the associated risk factors for prevalence of IPIs among school children in Guangua woreda, primary school factors including: Grade, habits of

swimming ,nail trimming and shoe wore were significantly associated with the prevalence of IPIs(p<0.05). This more or less occurs with previous studies conducted elsewhere in Ethiopia (1, 8).

Multivariate logistic regression analysis was conducted to determine the degree of association between IPIs and the demographic variables as well as other risk factors. Habit's of swimming, fingernail trimming and shoe worewere found to be predicators of IPIs among the participants of the study.Similarly, shoes wearing habit of students were strongly associated with IPIs. Student who did not wear protective shoes were six times likely to be infected than those who wore protective wear .The finding was supported by other findings in jawi town(1). Lack of regular shoe wearing habit is known to be the major contributing factor that leads to high hookworm infection. This finding indirectly indicates the contamination of locality and playground of students with human fecal matters (7)

Finger nail trimming is strongly associated with IPIs. Students who had not fingernail trimming were more likely exposed to IPIs than those children who had habits of fingernail trimming. The finding was supported by others findings in Bahirdar Donaber primary school (7).

Habits of swimming were strongly associated with IPIs. School children who had not swimming habits were greater at risk of IPIs than those children who had swimming habits. The finding was supported by others findings in Jawi, Addiremets town and Egypt .This might indicate the presence of infested water body/ies in the study area. (1, 2, 16, and 19).

#### 8. Conclusion.

Generally the present study showed that school children in Guangua woreda were heavily infected with IPIs, implying that IPIs continue to be the major public health problems in the target primary school. Ascaris lumburicoides, Entamoeba histolytic a and Giardia lambilia were the most predominant intestinal parasites detected among the school children. Among different potential risk factors assessed in the study habits of swimming, unclean finger nail habits and hand washing facility at house hold level were strongly associated with intestinal parasitic infections.

#### 9. Recommendations

Urgent actions are needed to, at least, reduce intestinal parasitic infections through concerted approach's involving politicians (decisions makers), health extension workers, school teachers, the local mass media, community and religious leaders. All these bodies should be design practical actions plan for effective prevention and control of IPIs in the study area and, to create awareness among school children and their parents in particular. It also recommended regular inspection be conducted on school children for personal hygiene practice and swimming safety. There is a need for integrated control program including Periodic deworming program, creating awareness regarding the importance of hand washing facility at HHs ,Finger nail trimming and the impact of swimming contaminated water to have a lasting impact of transmission

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#### **11. ANNEXES**

#### **11.1 Information sheet**

#### Annex 1: Informed consent and consent form

Participant Information sheet, English version

Good morning/afternoon. My name is \_\_\_\_\_\_and I am from \_\_\_\_\_\_. I am a member of a data collector team on behalf the study conducted by Ahmed Hussein, who is a MPH. student in Bahir Dar university.

**Title:** -Prevalence of intestinal parasitic infection and associated factors among primary school children in Guanguaworeda: School based cross-sectional study, Northwest, Ethiopia, 2020.

**Introduction**: My name is Ahmed Hussein and I am a student at the Bahirdar University, college of public health. I am here with my team to conduct a research on factors associated with IPIs among grade 1-8 primary school children in selected kebeles inGuanguaworeda. I would like to seek your cooperation regarding this exercise.

**The purpose of the study:** The aim of this study is to assess the prevalence and risk factors associated with intestinal parasitic infections among primary school children in Guanguaworeda in Amhara region Northwest Ethiopia

**Procedure:** The method of this research is a school -based cross-sectional study design. The expected duration of the study participant for one time contact with the interviewer will not be more than 30 minutes. You will be asked to participate in this research since the truthful information which you will provide is important for the understanding of the proposed research project. However, your particular participation is affirmed by the procedure of probability sampling technique which provides equal chance of selection.

**Confidentiality:** Strict confidentiality will be maintained, all the personal identifiers will be removed from the data. Participants in the study will be identified only by specific numbers. No data will be released outside the study without explicit consent of my study team. After the research defense and final work is approved by Bahirdar university senate, the original data questionnaire will be incinerated in a secure manner.

**Risk and benefit:** Apart from the inconveniences caused by taking part of your time, the process is safe and there are no risks involved. There are no direct benefits to you by choosing to participate in this study. However, the results of this study will be communicated back to the health facility for necessary action by the health authority.

The information, you provide will, therefore be of benefit not only to you but also other people and aid in planning strategic interventions for prevention and control of intestinal parasitic infections in Ethiopia.

Theresults will be also used in writing my thesis as part of requirements by the university. If you want to participate in the study, you have also the full right to withdraw from the study at any time you wish without any penalty. Nobody will ask or enforce you to explain the reason for withdrawal.

**Contact information:**For any inquiries in the event of any research related questions, comments or complaints, the following persons will be available for contact:

Principal Investigator: Ahmed Hussein

Telephone: 0918741271/0993032294

Email: <u>ahmedhusseinm869@gmail.com</u>

Data collector name -----

#### **11.2 Consent form**

**Title of the thesis project:** Prevalence of intestinal parasitic infection and associated factors among primary school children in Guanguaworeda:,Northwest, Ethiopia, 2020. I am aware that this research undertaking is a post graduate MPH, degree research project which is fully supported and coordinated by Bahir Dar University and Amhara Regional Health Bureau and the designate principal investigator is Ahmed Hussein.

I have been also fully informed in the language I understood and about the research project objective to assess the prevalence and associated factors of intestinal parasitic infection among primary school children from grade 1- 8 in GuanguaworedaNorthwest Ethiopia. I have been informed that all the information I shall provide to the interviewer will be kept confidential. I understood that the research has no any risk and no compensation. I also know that I have the right to withhold information, skip questions to answer or to withdraw from the study any time. I have been informed that nobody will impose on me to explain the reason of withdrawal. It is also clear that there will be no effect at all in my health benefit or other administrative effect that I get from the district. I have been assured of the right to ask information that is not clear about the research before and/or during the research work by contacting:

1. Bahir Dar University, Office phone:

2. Principal investigator name and address: Ahmed Hussein, cell Phone:
+251918741271. Supervisor name and address: \_\_\_\_\_\_

I have read this form, or it has been read to me in the language I comprehend, and I understood the condition stated above; therefore, I am willing and confirm my participation by signing this consent form. Mothers/caregivers agreed to participate in the study: (Mark one of them for verbal/oral consent) Yes \_\_\_\_\_ No \_\_\_\_\_

Name of interviewer signature \_\_\_\_\_

Signature	_Date	English Questionnaire
Name of data collectors	Signature	Date
Date of of data collection		
Starting time of data collection	End time of data	collection
Name of School	Code of respondents	

### Part I: Socio-demographic characteristic

S/N	Questions	Answer	Cod
0			е
101	Age of the child	5-8	1
		9-14	2
		$\geq 1$	3
102	Sex of child	Male	1
		Female	2
103	Grade of a child	1-4	1
		5-8	2
105	Family size of the child	2	1
		3	2
		4	3
106	Mothers educational status	Can't read and write	1
		Can read and write	2
		Formal education	3

107	Fathers educational status	Can't read and write	1
		Can read and write	2
		Formal education	3
108	Occupational status of	House wife	1
	mothers	Farmers	2
		Merchant	3
		Govt. workers	4
109	Residence	Urban	1
		Rural	2
			1

# **Part 2: Environmental factors**

S/No	Questions	Answers	Code
201	Do you have latrine at school	Yes	1
		No	0
202	If "yes"to Qes 201,What type of	Private	1
	latrine used at school( observe)	Shared	2
		Open defecation	3
203	Do you have latrine at HHs	Yes	1
		No	0
204	If "yes" to Qes 203, What type of	Private	1
	latrine used at HHs(observe)	Shared	2
		Open defecation	3
205	Is there hand washing facility	Yes	1
	near the toilet at school(observe)	No	0
206	Is there hand washing facility	Yes	1

	near the toilet at HHs(observe)	No	0
207	Where do you usually put away	In public bin	1
	the waste	On the road/street	2
		Whencollecting truck	3
		coming	
		Others specify	4
208	Presence of faces within the	Yes	1
	school compound(observe)	No	0
209	Source of water at school	Pipe water	1
		Protected spring	2
		Hand dug well	3
		Un protected spring	4
		Others	5
210	Source of water at HHs	Pipe water	1
		Protected spring	2
		Hand dug well	3
		Un protected spring	4
		Others	5

# Part 3. Child's behavioral or hygiene practice factors

S/No	Questions	Answer	Code
301	Do you wash your hands	Yes	1
	every time	No	0
302	If "yes" to Qes 301,	Before preparing or	1
	When do you wash your	cooking food	

	hand?	After visiting a toilet	2
		After any waste contact	3
		Before any child contact	4
		Before child feeding	5
		Specify other	6
303	What do you use in washing	Plain water	1
	what do you use in washing	clean water and soap	2
	your namus?	Specify other	3
304	Do you take shower	Yes	1
		No	0
305		Once a weak	1
	If "yes" to Oss no 204 How	Two times a week	2
	often in a week?	> 2 times a week	3
		Not washing within a week	4
		Others (specify)	5
306	What is the nature of the water	Flowing water	1
	for bathing?	Water in a basin	2
		At the home	3
		Anywhere that is safe for me	4
		Others(specify)	5
307	Do you wear Shoe?	Yes	1
	Do you wear shoe?	No	0
308		Always	1
	If " yes" to Qes 307, When do	During market day and holy day	2
	you wear shoe?	Sometimes	3
		Specify others	4
309	Doyou play with by eating	Yes	1
	•		

	soil	No	0
310	Doos the shild is trim the pail?	Yes	1
		No	0
311	Habits of swimming of a child	Yes	1
		No	0
312		Ascaris lubricoidsds	1
		Trichuris Trichuria	2
		Hook worms	3
		Entamoeba histolytic a	4
	Main findings of IPIs	Giardia lambilia	5
		Schistosoma mansoni	6
		More than two species	7
		None	8

# Part 4: -Interventions of IPIs

S.no	Questions	Answer	Code
401	Deworming is supplemented at	Yes	1
	schoollevel?	No	0
402	If "yes" to Qes 401, How many	Not received yet	1
	times in a year the child has	One time	2
	received	Two times	3
	albendazole/mebendazole?	Three times	4
		Four and more times	5

#### <u>ስምናቱተሳታሬዎችየሚስምመረጃ፤በስማርኛየተተረገመ</u>

አንደምንስረፈዳችሁ/ዋሳችሁ፡-ስም

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₽ባሳል።የመጣሁትከባህርዳር᠙ኒቨርሲቲበውጏ፣በሸካባቢክናበግልንፅህናየ2ኝድግሪተማሪየሆነዉንሸሀመድሁሴ ንወክየመረጃስመሰብሰብነዉ።ስምናቱሸባልስሆንየምናቱየምናቱርዕስም፦

የምናቱምቅምናጉዳት፡ ምናቱ ስሽጭር ጊዜ የሚሆን የ7ንዘብ የጤና እና የስቅም ግንባታ ድጋፍ አዖዶርግም፡፡ ነገር ግን ከተወሰነ ጊዜ በኃሳ የምናቱ ዉጤት ስሚመሰከተታቸው መስሪዖቤቶች፤ስህግ ስርቃቂዎች፡ስእቅድ ስውጭዎች የሚዖገስግል ሲሆን ይህም ክፍሳቸው ከስንድ እስከ ስምንተኛ በሆኑ ሕፃናት ሳይ የሚከሰተዉን የስንጀት ምገኛ ትሳትሎች በሽታ ስርጭት ስመከሳከል ትልቅ ስስተዋፅኦ ያዶርጋል፡፡ምናቱ ምንም ስይነት ምቅማምቅም እና ማካካሻ ስይኖረዉም ምክንዖቱም ምናቱ ምንም ስይነት ጉዳት የማዖስከትል መሆኑ ነዉ፡፡ በመጨረሻም በዚህ ምናት ስመሳተፍ ፈቃደኛ ከሆኑ፤ መጠየቁ በሚካሄድበት ጊዜ ደስተኛ ካልሆኑ በማነኝውም ሰዓት መረጃ መስጠቱን የማቀረም መብተዎ የተጠበቀ ነዉ፡፡ ሲያቀርምም ምንም ስይነት ተፅእኖ ስይረስብዎትም፡፡

የምናቱ **አካሄድ እና ተሳትፎ፡ የምናቱ መስሪ**ይ መን7ድ በ**አ**ጭር ጊዜ መረጃ በመሰብሰብ የሚካሄድ ነዉ፡፡ ከምናቱ ተሳታሬዎች መረጃ የሚሰብሰበው **አንድ ጊዜ ሲሆን ይህም ከ 20 እስከ 30 ደቂቃ** በሳይ ጊዜ ቆይታ **አይወስድም፡፡ በት/ቤትዎ ውስ**ም ካሱ ክፍሳቸው ከአንድ እስከ ስምንተኝ በሆኑ ሕፃናት ውስም የአንጀት ም7ኝ ትሳትሎች በሽታ የሰ7ራ ምርመራ የሚደርግስት ሲሆን እርስዎ የሚሰጡት ተዓማኒነት ይሰው መረጃ ምናቱን ሰርቶ ሰማጠናቀቅ በጣም **አስፈሳጊ ነዉ፡፡ በምናቱ** እንዲሳተፉ የተመረጡት ሰሁሱም የ**ስካባቢው ተማሪዎች እኩል የመሳተፍ እድል በሚሰ**ም የምርጫ ሂደት **m**ስም ነዉ፡፡

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ምስጢራዊነት፡ የሚሰጡት መረጃ በደንብ የሚዖዝ ሲሆን ስማንም ሰው ተሳልፎ ሕይሰምም፡፡ ከዚህ በተጨማሪም ከመረጃው ጋር የአርስዎ ስም ሕይዖዝም፡፡ ስስዚህም መረጃ ሰብሳቢው የሚጠቀመው ኮድ/ ሚስፕር ቁፕር ነዉ፡፡ የሚሰጡት መረጃ ተቆልፎ በመረጃ መዖዣ የሚቀመፕ ሲሆን ከፕናቱ ተመራማሪ ከመረጃው ሰብሳቢዎች ተቆጣጣሪ ውጭ ማንም ሕዖንንውም፡፡ የፕናቱ ተመራማሪ መረጃውን ከሚፈስንው ስሳማ ውጭ ሕይጠቀምበትም፤ፕናቱ ተሰርቶ ስልቆ የፕናቱ ተመራማሪ ከተመረቀ በኃሳ መረጃ የተሞሳበት መጠይቅ በፕንቃቄ ይቃጠሳል፡፡

ግንኙነትን በተመሰከተ፡ ተጨማሪ መረጃ ማግኝት ከፈስጉ በማንኝውም ጊዜ መጠየቅ ይችሳል፡፡ስስዚህም የፑናቱን ተመራማሪ ወይም የመረጃ ሰብሳቢዎችን ተቆጣጣሪዎችን ማነጋንር ይችሳሉ፡፡ከዚህ በተጨማሪም ፑናቱ የሚሰራው የባህር ዳር ዩኒቨርሲቲ በሰጠው ፈቃድ ስስሆነ የሚፈልጉትን መረጃ ስመጠየቅ የሚከተሰውን አድራሻ መጠቀም ይችሳሉ፡፡

1. የባህር ዳር ዩኒቨርሲቲ የቢሮ ስልክ ቁጥር፡- \_\_\_\_

2. የፕናቱ ተመራማሪ ሙስ ስም እና ለድራሻ፡ ለህመድ ሁሴን ስልክ ቁፕር፡ +251 918741271/0993032294 E-mail:ahmedhusseinm869@gmail.com

3. የመረጃ ሰብሳቢው ተቆጣጣሪ ሙሱ ስም አና አድራሻ

የስምምነት መግስጫ ቅፅ፤

የምናቱ ርዕስ፡-በንንን ወረዳ ውስም በሚገኑ የመጀመሪያ ደረጃ ት/ቤት ክፍሳቸው ከአንድ እስከ ስምንተኝ በሆኑ ሕፃናት ሳይ የሚከሰተዉን የአንጀት ም7ኝ ትሳትሎች በሽታ ስርጭት አና ተያያዠ ወሳኝ መንስኤዎች ስመስየት ነዉ፡፡

አኔ ምናቱ ስ2ኛ ድግሪ ማሟይ እንደሆነና በባህርዳር ዩኒቨርሲቲ የ7ንዘብ ድጋፍ ተደርንስት የሚሰራ እና ስቶ ስህመድ ሁሴን የምናቱ ተመራማሪ እንደሆነ ስውቃስሁ። የምናቱም ስሳማ በሚገባኝ ቋንቋ በመረጃ ሰብሳቢው የተ7ስፀልኝ ሲሆን ስሳማውም በኝንን ወረዳ በሚገኙ የመጀመሪይ ደረጃ ት/ቤት ክፍሳቸው ከአንድ እስከ ስምንተኝ በሆኑ ሕፃናት ሳይ የሚከሰተዉን የአንጀት ም7ኝ ትሳትሎች በሽታ ስርጭት እና ተይይዥ ወሳኝ መንስሼዎች ስመሰየት ነዉ።

እኔ የምሰጠው መረጃም በፕንቃቄ እንደሚያዝና ስሴሳ ሰው ተሳልፎ እንደማይሰፕ ተነግሮኛል። ፕናቱ በኔም ሆነ በልጄ ምንም አይነት ጉዳት አንደማያደርስና ምንም የ**ስ**ጭር ጊዜ ፕቅምም ሆነ ማካካሻ

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አንደሴሰው አምኝሰሁ። መረጃውን በምሰጥበት ጊዜ የማልፈል7ውን ጥይቄ መልስ ይስመስጠት ወይም ሙስ በሙስ መጠይቁን የማቋረጥ ሙስ መብት አንዳሰኝ ተነግሮኝል። ስስ ጥናቱ ይል7ባኝን ነ7ር ቢኖር መረጃው ከመሰብሰቡ በፊትም ሆነ በሴሳ ጊዜ ከዚህ በታች የተጠቀሱትን አድራሻ በመጠቀም መጠየቅ አንደምችል ተነግሮኝል።

1. ባህር ዳር ዩኒቨርሲቲ; የቢሮ ስልክ ቁምር፦ 2. የምናቱ ተመራማሪ ሙስ ስም እና ስድራሻ፦ ስህመድ ሁሴን

ስልክ ቁፕር፡ +251 (0) 918741271/0993032294

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3. የመረጃ ሰብሳቢ ተቀጣጣሪ ሙስ ስም \_\_\_\_\_ ስድራሻ \_\_\_\_\_

2. ፈቃደኝ አይደስሁም አመስግነዉ ይስፉ 📃 🗌

የአማርኛ መጠየቅ		
የመረጃ ሰብሳቢ ስም	ሬርማ	
መጠየቁ የተሞሳበት ቀን		
መጠየቁ የተጀመረበት ሰዓት መጠየቁ	የተጠናቀቀበት ሰዓት	
የት/ቤቱ ስም		
የተማረው መስያ ቁምር		

# ክፍል 1፡የሶሽዮ-ዲሞግራፉመረጃመጠይቅ

ተ/ቁ	ዋይቄ	យតំព	ኮድ
101	የህጻኑ/ኗ ዕድሜ	5 - 8	1
		9 - 14	2
		≥ 15	3
102	<b>9</b> ታ	ወንድ	1
		ሴት	2
103	የህጻኑ/ኗ ክፍልና ሴክሽን	1 -4	
		5 - 8	
104	የቤተሰብ ብዛት	2	1
		3	2
		4	3
		2	4
105	የሕፃኑ/ኗ አናት የትምህርትደረጃ	ማንበብና መጻፍ የማይችሱ	1
		ማንበብና መጻፍ የሚችስ	2
		መደበኝ ት/ት የተማሩ	3
106	የሕፃኦ/ኗ  ሸባት የትምህርትደረጃ	ማንበብና መጻፍ የማይችሱ	1
		ማንበብና መጻፍ የሚችስ	2
		መደበኝ ት/ት የተማሩ	3

107	የአናትህ/ሽ ሥራ ምንድን ነው	የቤት አመቤት	1
		ግብርና	2
		•ነጋዴ	3
		የመንግሰት ሰራተኝ	4
108	የመኖሪይ ቦታ	ከተማ	1
		7mC	2

<u> ክፍል 2 - የሕካባቢ ሁኔታ</u>

201	በት/ቤታችሁ ግቢ ውስፕ መጸዳጃ ቤት ስስ ወይ (በምልከታ ይረጋ7ፕ)	ስዎን	1
		ሚሰዎ	0
202	በት/ቤትግቢውስም የትነው የምትጸዳዳው/ጅው	በጋራ መጸዳጃ ቤት	1
203	በመኖሪይ ቤታችሁ መጸዳጃ ቤት ስስ ወይ(በምልከታ ይረጋ7ዮ)	ስዎን	1
		የስም	0
204	በመኖሪይቤታችሁ የትነው የምትጸዳዳው/ጅው(በምልከታ ይረጋ7ፕ)	በግስ መጸዳጃ ቤት	1
		በጋራ መጸዳጃ ቤት	2
		ሜዳ ሳይ	3
205	በት/ቤታችሁ ከመጸዳጃ ቤት ስጠ7ብ የአጅ መታጠቢይ ስስ	ስዎን	1
	ወደ(በምልከታ ይረጋገፕ)	የስም	0
206	በመኖሪይ ቤታችሁ ከመጸዳጃ ቤት ስጠ7ብ የእጅ መታጠቢይ ስስ ወይ	ስዎን	1
		የስም	0
207	ከመኖሪይ ቤትዎ የሚፈጠረውን ደረቅ ቆሻሻ በየትኝው መንገድ	ስተዘጋጀ የደረቅ ቆሻሻ	1
	ይሰመግዳስ	ንድንድ	2
		መንገድ ሳይ በመወርወር	3
		በመዘጋጃ ቤት መኪና	99
		ሴሳ ካስ ይጠቀስ	
208	በመኖሪይ ቤቱ ዙሪይ የሰዎች ፅዳጅ መኖሩ በምልከታ	ስዎን	1
	ደረጋ7ፕ(በምልከታ ደረጋ7ፕ)	የስም	0
209	በት/ቤት ውስም ውሃ የምታገኑት ከ የትነው	ከቧንቧውሃ	1
		ከንስበተ ምንጭ	2
		ከአጅንድንድ	3
		ካልተጠበቀ ምነጭ	4
		ሴሳ ካስ ይጠቀስ	99

210	በመኖሪይ ቤት ውስምውሃ የምታ7ኑት ከ የትነው	ከቢንቢውሃ	1
		ከንስበተ ምንጭ	2
		ከአጅንድንድ	3
		ካልተጠበቀ ምነጭ	4
		ሴሳ ካስ ይጠቀስ	99

301	<b>ስጅህን/ሸን ሁልጊዜ ትታጠባስህ/ሽ ዎይ</b>	ስዎን በኦመ	1
202	<u>አሉዛጌ/አጌመዥመዥነው በመትታወበት</u>	የዘም መግብ 5 መብላአ በረት	1
302	UZ 0 1/11 100.800.810. 632.15.1116.1	9°711 11 °711116 በፅጉ ክአጌትበት መልእ	
		በበ/በቤገ መዘበ መገሯሙገመ ቆጃጃ ካናካቢ በሌላ	2
		יין אריין איין איין איין איין איין איין	3
		ሀጓጓፒገ በመግባዬ በፊፒ ህፃርትዱ እመመግበ በታት	4
		ሀኅገገ / በሀወሀወ /በ6 በ66 በ ልእ ኩል በመሐእ	00
202	አጅህዓ/አን በጠን ትሐመበ በላእ	164 411 2011411 3931 03185 mU	1
303		/ሱሀ 'ዘዘሀ/ ሠን በለሙር ኑር ጌያህ በሥኑ ሙሀ	1
		በባሀምን በግ ገሎር በርፖ መን ላላ ኳላ በመቋል	2
304	ገልህጌ/ሽጌ ትሐጠበ በልሽ	164 411 511141 አመጓ	1
304	/////////////////////////////////////	11 <i>7 1</i> DAM	
505	וו עם גרו איז	\  7 አጌው ግዘ	1
		ዜለት 7ዘ	2
		ካዘስት 7ዘ በስዐ	3
		በሰመንትአልተጠብመ	4
		ሲሳ ካስ ይጠቀስ	5
306	7ሳህ3/ሽን የት ነጠ ምትታጠበጠ	ከጠራጅ ጠንዝ	1
307	ጨማ ትስብሳስህ/ሽ	ሻጠር ቤት	2
		ቤትጢስም	3
		በማንኝዉምቦታ	4
		ሴሳ ካስ ይጠቀስ	5
		ስወን	1
		ዋስም	0
308	መቼ መቼ ነዉ ጫማ የምተስብሰዉ/ሽው	ሁልጊዜ	1
		በ7በይ ቀን	2
		አልፎ አልፎ	3
		ሴሳ ካስ ይጠቀስ	4
309	በምትጫወትበት/ችበት ጊዜ ስፈሩን በማንክና በመዋፕ	ስወን	1
	ትጫወጣሳችሁ	የስም	0
310	ህፃኑ/ኗ   ፓፍሯን ስሳፕራስች	ስወን	1
		የስም	0
311	ህፃኑ/ኗ ዋና ይዋኛል/ትዋኛስች	ስምን	1
		የስም	0

312	በሳብራተሪ	ምርመራ	የተገኘ	የአንጀት	<i>ፕገ</i> ኝ	ትሳትሎች	Ascaris lumburicoides	1
	ስይነት						Trichuris trichiura	2
							Hookworms	3
							Entamoeba histolytic a	4
							Giardia lambilia	5
							Schistosoma mansoni	6
							More than two species	7
							None	8

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401	በቀበሴም ደረጃ የስንጀት  ም7ኝ ትሳትሎች መድሀኒት	ስዎን	1
	ደሰጣል	ዋሰም	0
402	የአንጀት  ም7ኛ ትሳትሎች መከሳከይ መድሀኒት ስንት ጊዜ	ወስዶአያውቅም	1
	ወስዶ/ዳ ታውቃች?	ስንድጊዜ	2
		ሁስት ጊዜ	3
		ሶስት ጊዜ	4
		ስራት ጊዜ አና ከዚዖበሳይ	5